




Tasti D-Lite® Nutritional Statement

 tasti D·lite®													
		Weight	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Soft Serve (Gallon Recipes)													
Açaí - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Açaí - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	12.0	2.0
Açaí - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	26.0	0.0	20.0	4.0
Açaí - Vanilla 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	25.0	280.0	52.0	1.0	40.0	8.0
Açaí Greek Frozen Yogurt - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Açaí Greek Frozen Yogurt - Vanilla 3oz	85.0	g	100.0	10.0	1.0	0.5	0.0	5.0	70.0	19.0	0.0	16.0	3.0
Açaí Greek Frozen Yogurt - Vanilla 5oz	142.0	g	160.0	20.0	2.0	1.0	0.0	10.0	120.0	32.0	0.0	26.0	5.0
Açaí Greek Frozen Yogurt - Vanilla 10oz	283.0	g	320.0	35.0	4.0	2.5	0.0	20.0	240.0	64.0	0.0	53.0	11.0
Açaí Tart 'n Tasti - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Açaí Tart 'n Tasti - Vanilla 3oz	85.0	g	90.0	10.0	1.0	0.5	0.0	5.0	75.0	19.0	0.0	16.0	3.0
Açaí Tart 'n Tasti - Vanilla 5oz	142.0	g	160.0	20.0	2.0	1.0	0.0	10.0	125.0	32.0	0.0	27.0	4.0
Açaí Tart 'n Tasti - Vanilla 10oz	283.0	g	310.0	35.0	4.0	2.5	0.0	20.0	250.0	65.0	0.0	54.0	8.0
Angel Food Cake - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Angel Food Cake - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	15.0	0.0	11.0	2.0
Angel Food Cake - Vanilla 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	140.0	24.0	0.0	18.0	4.0
Angel Food Cake - Vanilla 10oz	283.0	g	260.0	45.0	5.0	3.0	0.0	25.0	290.0	48.0	0.0	36.0	8.0
Banana - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Banana - Vanilla 3oz	85.0	g	70.0	15.0	1.5	1.0	0.0	5.0	85.0	14.0	0.0	10.0	2.0
Banana - Vanilla 5oz	142.0	g	120.0	25.0	2.5	1.5	0.0	10.0	140.0	23.0	0.0	16.0	4.0
Banana - Vanilla 10oz	283.0	g	240.0	45.0	5.0	3.0	0.0	25.0	280.0	45.0	1.0	33.0	8.0
Banana 'n Peanut Butter - Vanilla 1oz	28.0	g	30.0	10.0	1.0	0.0	0.0	0.0	25.0	5.0	0.0	3.0	1.0
Banana 'n Peanut Butter - Vanilla 3oz	85.0	g	90.0	30.0	3.0	1.0	0.0	5.0	80.0	14.0	0.0	10.0	3.0
Banana 'n Peanut Butter - Vanilla 5oz	142.0	g	150.0	45.0	5.0	2.0	0.0	10.0	135.0	24.0	1.0	17.0	5.0
Banana 'n Peanut Butter - Vanilla 10oz	283.0	g	310.0	90.0	10.0	4.0	0.0	20.0	270.0	47.0	1.0	34.0	10.0
Banana Fudge - Chocolate 1oz	28.0	g	25.0	0.0	0.0	0.0	0.0	0.0	25.0	5.0	0.0	3.0	1.0
Banana Fudge - Chocolate 3oz	85.0	g	70.0	15.0	1.5	1.0	0.0	5.0	80.0	14.0	0.0	9.0	3.0
Banana Fudge - Chocolate 5oz	142.0	g	120.0	20.0	2.5	1.5	0.0	10.0	135.0	23.0	0.0	16.0	4.0
Banana Fudge - Chocolate 10oz	283.0	g	240.0	45.0	5.0	2.5	0.0	20.0	270.0	46.0	1.0	32.0	8.0
Banana Greek Frozen Yogurt - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Banana Greek Frozen Yogurt - Vanilla 3oz	85.0	g	90.0	10.0	1.0	0.5	0.0	5.0	70.0	17.0	0.0	14.0	3.0
Banana Greek Frozen Yogurt - Vanilla 5oz	142.0	g	150.0	15.0	2.0	1.0	0.0	10.0	115.0	29.0	0.0	23.0	5.0
Banana Greek Frozen Yogurt - Vanilla 10oz	283.0	g	290.0	35.0	3.5	2.5	0.0	20.0	230.0	58.0	1.0	46.0	10.0
Banana Pudding - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Banana Pudding - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	15.0	0.0	10.0	2.0
Banana Pudding - Vanilla 5oz	142.0	g	130.0	25.0	3.0	2.0	0.0	10.0	150.0	24.0	0.0	17.0	4.0
Banana Pudding - Vanilla 10oz	283.0	g	260.0	50.0	6.0	3.5	0.0	25.0	290.0	49.0	1.0	35.0	8.0
Banana Tart 'n Tasti - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Banana Tart 'n Tasti - Vanilla 3oz	85.0	g	90.0	10.0	1.0	0.5	0.0	5.0	75.0	18.0	0.0	14.0	3.0
Banana Tart 'n Tasti - Vanilla 5oz	142.0	g	140.0	15.0	2.0	1.0	0.0	10.0	120.0	29.0	0.0	24.0	4.0
Banana Tart 'n Tasti - Vanilla 10oz	283.0	g	290.0	35.0	4.0	2.5	0.0	20.0	240.0	59.0	0.0	48.0	8.0
Bananas Foster - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Bananas Foster - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	15.0	0.0	10.0	2.0
Bananas Foster - Vanilla 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	140.0	25.0	0.0	16.0	4.0
Bananas Foster - Vanilla 10oz	283.0	g	260.0	45.0	5.0	3.0	0.0	25.0	280.0	49.0	1.0	33.0	8.0
Birthday Cake - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Birthday Cake - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	14.0	0.0	11.0	3.0
Birthday Cake - Vanilla 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	150.0	24.0	0.0	18.0	4.0
Birthday Cake - Vanilla 10oz	283.0	g	260.0	50.0	5.0	3.5	0.0	25.0	300.0	48.0	0.0	36.0	9.0
Black Cherry - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Black Cherry - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	95.0	16.0	0.0	13.0	3.0
Black Cherry - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	160.0	27.0	0.0	21.0	4.0
Black Cherry - Vanilla 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	25.0	320.0	55.0	0.0	43.0	8.0
Black Forest Cake - Chocolate 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Black Forest Cake - Chocolate 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	95.0	18.0	0.0	12.0	3.0
Black Forest Cake - Chocolate 5oz	142.0	g	160.0	20.0	2.5	1.5	0.0	10.0	160.0	30.0	0.0	21.0	4.0
Black Forest Cake - Chocolate 10oz	283.0	g	310.0	45.0	5.0	3.0	0.0	20.0	320.0	61.0	0.0	42.0	9.0
Blueberry Cheesecake - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Blueberry Cheesecake - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	11.0	2.0
Blueberry Cheesecake - Vanilla 5oz	142.0	g	150.0	20.0	2.5	1.5	0.0	10.0	140.0	28.0	0.0	18.0	4.0
Blueberry Cheesecake - Vanilla 10oz	283.0	g	290.0	45.0	5.0	3.0	0.0	20.0	280.0	57.0	0.0	37.0	8.0
Brownie Batter - Chocolate 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	5.0	30.0	5.0	0.0	4.0	1.0
Brownie Batter - Chocolate 3oz	85.0	g	90.0	20.0	2.0	1.0	0.0	10.0	90.0	16.0	0.0	11.0	3.0
Brownie Batter - Chocolate 5oz	142.0	g	140.0	30.0	3.5	2.0	0.0	15.0	150.0	26.0	0.0	19.0	4.0
Brownie Batter - Chocolate 10oz	283.0	g	290.0	60.0	7.0	4.0	0.0	30.0	300.0	52.0	0.0	38.0	9.0
Burnt Sugar - Chocolate 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	3.0	1.0
Burnt Sugar - Chocolate 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	18.0	0.0	10.0	3.0
Burnt Sugar - Chocolate 5oz	142.0	g	150.0	25.0	2.5	1.5	0.0	10.0	140.0	29.0	0.0	16.0	4.0
Burnt Sugar - Chocolate 10oz	283.0	g	300.0	45.0	5.0	3.0	0.0	20.0	280.0	58.0	0.0	32.0	9.0
Butter Pecan - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Butter Pecan - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	10.0	2.0
Butter Pecan - Vanilla 5oz	142.0	g	140.0	20.0	2.5	1.5	0.0	10.0	140.0	27.0	0.0	16.0	4.0
Butter Pecan - Vanilla 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	25.0	280.0	55.0	1.0	33.0	8.0
Buttercrunch - Vanilla/Chocolate 1oz	28.0	g	35.0	10.0	1.0	0.0	0.0	0.0	30.0	6.0	0.0	3.0	1.0
Buttercrunch - Vanilla/Chocolate 3oz	85.0	g	100.0	25.0	3.0	1.0	0.0	5.0	85.0	17.0	0.0	10.0	3.0
Buttercrunch - Vanilla/Chocolate 5oz	142.0	g	170.0	45.0	5.0	2.0	0.0	10.0	140.0	28.0	1.0	17.0	5.0
Buttercrunch - Vanilla/Chocolate 10oz	283.0	g	350.0	90.0	10.0	3.5	0.0	20.0	280.0	56.0	1.0	34.0	11.0


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 tasti D·lite®		Weight	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Soft Serve (Gallon Recipes) Cont.													
Buttercrunch Mania - Vanilla 1oz	28.0	g	35.0	10.0	1.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Buttercrunch Mania - Vanilla 3oz	85.0	g	110.0	35.0	4.0	1.5	0.0	5.0	90.0	16.0	0.0	11.0	3.0
Buttercrunch Mania - Vanilla 5oz	142.0	g	180.0	60.0	6.0	2.5	0.0	10.0	150.0	26.0	1.0	18.0	6.0
Buttercrunch Mania - Vanilla 10oz	283.0	g	350.0	120.0	13.0	5.0	0.0	25.0	300.0	52.0	2.0	36.0	12.0
Cake Batter - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	5.0	30.0	5.0	0.0	4.0	1.0
Cake Batter - Vanilla 3oz	85.0	g	90.0	20.0	2.0	1.0	0.0	10.0	90.0	16.0	0.0	12.0	3.0
Cake Batter - Vanilla 5oz	142.0	g	140.0	30.0	3.5	2.0	0.0	15.0	150.0	26.0	0.0	20.0	4.0
Cake Batter - Vanilla 10oz	283.0	g	290.0	60.0	7.0	4.0	0.0	30.0	300.0	52.0	0.0	40.0	8.0
Cappuccino - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Cappuccino - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	15.0	0.0	11.0	3.0
Cappuccino - Vanilla 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	150.0	25.0	0.0	18.0	4.0
Cappuccino - Vanilla 10oz	283.0	g	270.0	45.0	5.0	3.5	0.0	25.0	300.0	49.0	0.0	35.0	9.0
Caramel - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Caramel - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	11.0	3.0
Caramel - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	27.0	0.0	18.0	4.0
Caramel - Vanilla 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	20.0	280.0	54.0	0.0	36.0	9.0
Caramel Fudge - Chocolate 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Caramel Fudge - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	11.0	3.0
Caramel Fudge - Chocolate 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	27.0	0.0	18.0	4.0
Caramel Fudge - Chocolate 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	20.0	280.0	54.0	0.0	36.0	9.0
Cherry Cake - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	5.0	35.0	5.0	0.0	4.0	1.0
Cherry Cake - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	10.0	100.0	16.0	0.0	13.0	3.0
Cherry Cake - Vanilla 5oz	142.0	g	140.0	25.0	3.0	2.0	0.0	15.0	160.0	27.0	0.0	21.0	4.0
Cherry Cake - Vanilla 10oz	283.0	g	290.0	50.0	6.0	3.5	0.0	25.0	330.0	54.0	0.0	42.0	8.0
Chiffon Mint - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	3.0	1.0
Chiffon Mint - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	18.0	0.0	10.0	2.0
Chiffon Mint - Vanilla 5oz	142.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	30.0	0.0	17.0	4.0
Chiffon Mint - Vanilla 10oz	283.0	g	310.0	45.0	5.0	3.0	0.0	25.0	290.0	59.0	0.0	35.0	8.0
Chocolate Caramel Meringue - Chocolate/Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	5.0	30.0	5.0	0.0	4.0	1.0
Chocolate Caramel Meringue - Chocolate/Vanilla 3oz	85.0	g	90.0	20.0	2.0	1.0	0.0	10.0	95.0	16.0	0.0	11.0	3.0
Chocolate Caramel Meringue - Chocolate/Vanilla 5oz	142.0	g	140.0	30.0	3.5	2.0	0.0	15.0	160.0	27.0	0.0	19.0	4.0
Chocolate Caramel Meringue - Chocolate/Vanilla 10oz	283.0	g	290.0	60.0	7.0	4.0	0.0	25.0	320.0	53.0	0.0	38.0	9.0
Chocolate Covered Strawberry - Chocolate 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	4.0	1.0
Chocolate Covered Strawberry - Chocolate 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	80.0	18.0	0.0	13.0	2.0
Chocolate Covered Strawberry - Chocolate 5oz	142.0	g	140.0	20.0	2.5	1.5	0.0	10.0	135.0	29.0	0.0	22.0	4.0
Chocolate Covered Strawberry - Chocolate 10oz	283.0	g	290.0	45.0	5.0	2.5	0.0	20.0	270.0	59.0	0.0	45.0	8.0
Chocolate Macaroon - Chocolate 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Chocolate Macaroon - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	15.0	0.0	9.0	3.0
Chocolate Macaroon - Chocolate 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	140.0	25.0	0.0	15.0	4.0
Chocolate Macaroon - Chocolate 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	20.0	280.0	49.0	0.0	30.0	9.0
Chocolate Mousse - Chocolate 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	5.0	0.0	4.0	1.0
Chocolate Mousse - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	80.0	16.0	0.0	12.0	3.0
Chocolate Mousse - Chocolate 5oz	142.0	g	140.0	20.0	2.5	1.5	0.0	10.0	135.0	27.0	0.0	21.0	4.0
Chocolate Mousse - Chocolate 10oz	283.0	g	280.0	45.0	5.0	2.5	0.0	20.0	270.0	55.0	0.0	41.0	9.0
Chocolate Nougat - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Chocolate Nougat - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	12.0	3.0
Chocolate Nougat - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	21.0	4.0
Chocolate Nougat - Vanilla 10oz	283.0	g	280.0	45.0	5.0	3.5	0.0	25.0	300.0	53.0	1.0	41.0	8.0
Chocolate Pudding - Chocolate 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Chocolate Pudding - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	12.0	3.0
Chocolate Pudding - Chocolate 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	21.0	4.0
Chocolate Pudding - Chocolate 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	20.0	300.0	55.0	1.0	41.0	9.0
Chocoleche - Vanilla/Chocolate 1oz	28.0	g	30.0	5.0	1.0	0.0	0.0	5.0	35.0	6.0	0.0	4.0	1.0
Chocoleche - Vanilla/Chocolate 3oz	85.0	g	90.0	20.0	2.5	1.5	0.0	10.0	105.0	17.0	0.0	12.0	3.0
Chocoleche - Vanilla/Chocolate 5oz	142.0	g	150.0	35.0	4.0	2.5	0.0	15.0	180.0	28.0	0.0	19.0	4.0
Chocoleche - Vanilla/Chocolate 10oz	283.0	g	310.0	70.0	8.0	5.0	0.0	30.0	350.0	56.0	0.0	39.0	9.0
Cinnamon Crunch - Vanilla 1oz	28.0	g	45.0	10.0	1.0	0.0	0.0	0.0	50.0	9.0	0.0	4.0	1.0
Cinnamon Crunch - Vanilla 3oz	85.0	g	140.0	25.0	3.0	1.0	0.0	5.0	150.0	26.0	1.0	12.0	3.0
Cinnamon Crunch - Vanilla 5oz	142.0	g	230.0	40.0	4.5	1.5	0.0	10.0	260.0	44.0	2.0	21.0	5.0
Cinnamon Crunch - Vanilla 10oz	283.0	g	460.0	80.0	9.0	3.0	0.0	20.0	510.0	88.0	4.0	41.0	9.0
Coconut Almond - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Coconut Almond - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	14.0	0.0	10.0	2.0
Coconut Almond - Vanilla 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	140.0	23.0	0.0	17.0	4.0
Coconut Almond - Vanilla 10oz	283.0	g	250.0	45.0	5.0	3.0	0.0	25.0	290.0	47.0	1.0	34.0	8.0
Coconut Fudge - Chocolate 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Coconut Fudge - Chocolate 3oz	85.0	g	70.0	15.0	1.5	1.0	0.0	5.0	85.0	14.0	0.0	10.0	3.0
Coconut Fudge - Chocolate 5oz	142.0	g	120.0	25.0	2.5	1.5	0.0	10.0	140.0	23.0	0.0	16.0	4.0
Coconut Fudge - Chocolate 10oz	283.0	g	240.0	45.0	5.0	3.0	0.0	20.0	280.0	46.0	0.0	32.0	9.0
Coffee 'n Cream - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Coffee 'n Cream - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	10.0	3.0
Coffee 'n Cream - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	26.0	0.0	17.0	4.0
Coffee 'n Cream - Vanilla 10oz	283.0	g	280.0	45.0	5.0	3.5	0.0	25.0	300.0	52.0	1.0	35.0	9.0
Coffee Toffee - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Coffee Toffee - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	11.0	2.0
Coffee Toffee - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	27.0	0.0	18.0	4.0
Coffee Toffee - Vanilla 10oz	283.0	g	290.0	45.0	5.0	3.0	0.0	25.0	290.0	55.0	0.0	36.0	8.0


Tasti D-Lite® Nutritional Statement

 tasti D·lite®													
	Weight		Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Soft Serve (Gallon Recipes) Cont.													
Creamy Cocoa - Chocolate 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Creamy Cocoa - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	1.0	11.0	3.0
Creamy Cocoa - Chocolate 5oz	142.0	g	140.0	25.0	3.0	1.5	0.0	10.0	150.0	27.0	1.0	19.0	5.0
Creamy Cocoa - Chocolate 10oz	283.0	g	280.0	50.0	6.0	3.0	0.0	20.0	300.0	55.0	3.0	38.0	10.0
Creamy Coconut - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Creamy Coconut - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	14.0	0.0	10.0	2.0
Creamy Coconut - Vanilla 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	140.0	23.0	0.0	17.0	4.0
Creamy Coconut - Vanilla 10oz	283.0	g	250.0	45.0	5.0	3.0	0.0	25.0	290.0	47.0	0.0	35.0	8.0
Crème Brulee - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Crème Brulee - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	12.0	2.0
Crème Brulee - Vanilla 5oz	142.0	g	150.0	25.0	2.5	1.5	0.0	10.0	140.0	28.0	0.0	20.0	4.0
Crème Brulee - Vanilla 10oz	283.0	g	290.0	45.0	5.0	3.0	0.0	25.0	290.0	57.0	0.0	40.0	8.0
Devil's Food Cake - Chocolate 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Devil's Food Cake - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	95.0	16.0	0.0	12.0	3.0
Devil's Food Cake - Chocolate 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	160.0	27.0	0.0	20.0	4.0
Devil's Food Cake - Chocolate 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	20.0	320.0	55.0	1.0	41.0	9.0
Double Berry - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Double Berry - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	12.0	2.0
Double Berry - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	26.0	0.0	20.0	4.0
Double Berry - Vanilla 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	25.0	290.0	52.0	1.0	40.0	8.0
Double Dutch Chocolate - Chocolate 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Double Dutch Chocolate - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	95.0	17.0	0.0	12.0	3.0
Double Dutch Chocolate - Chocolate 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	21.0	4.0
Double Dutch Chocolate - Chocolate 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	20.0	310.0	56.0	1.0	41.0	9.0
Double Stuffed Oreo® - Vanilla 1oz	28.0	g	50.0	15.0	1.5	0.5	0.0	0.0	45.0	9.0	0.0	6.0	1.0
Double Stuffed Oreo - Vanilla 3oz	85.0	g	150.0	40.0	4.5	2.0	0.0	5.0	140.0	26.0	1.0	17.0	3.0
Double Stuffed Oreo - Vanilla 5oz	142.0	g	250.0	70.0	8.0	3.0	0.0	10.0	230.0	43.0	1.0	28.0	4.0
Double Stuffed Oreo - Vanilla 10oz	283.0	g	510.0	140.0	15.0	6.0	0.0	20.0	470.0	86.0	3.0	57.0	9.0
Dulce de Leche - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	5.0	35.0	6.0	0.0	4.0	1.0
Dulce de Leche - Vanilla 3oz	85.0	g	90.0	20.0	2.0	1.5	0.0	10.0	105.0	17.0	0.0	13.0	2.0
Dulce de Leche - Vanilla 5oz	142.0	g	160.0	35.0	3.5	2.5	0.0	15.0	170.0	29.0	0.0	21.0	4.0
Dulce de Leche - Vanilla 10oz	283.0	g	310.0	70.0	7.0	4.5	0.0	30.0	350.0	57.0	0.0	42.0	8.0
Dutch Chocolate - Chocolate 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Dutch Chocolate - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	15.0	0.0	11.0	3.0
Dutch Chocolate - Chocolate 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	150.0	26.0	0.0	18.0	5.0
Dutch Chocolate - Chocolate 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	20.0	300.0	51.0	1.0	37.0	9.0
French Vanilla - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
French Vanilla - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	12.0	3.0
French Vanilla - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	26.0	0.0	20.0	4.0
French Vanilla - Vanilla 10oz	283.0	g	280.0	45.0	5.0	3.5	0.0	25.0	290.0	52.0	0.0	40.0	8.0
German Chocolate Cake - Chocolate 1oz	28.0	g	35.0	0.0	0.0	0.0	0.0	0.0	25.0	7.0	0.0	3.0	1.0
German Chocolate Cake - Chocolate 3oz	85.0	g	100.0	15.0	1.0	0.0	0.0	5.0	80.0	20.0	0.0	9.0	3.0
German Chocolate Cake - Chocolate 5oz	142.0	g	170.0	20.0	2.5	1.5	0.0	10.0	135.0	33.0	0.0	16.0	4.0
German Chocolate Cake - Chocolate 10oz	283.0	g	350.0	45.0	5.0	2.5	0.0	20.0	270.0	65.0	0.0	31.0	8.0
Greek Frozen Yogurt - Vanilla 1oz	28.0	g	35.0	0.0	0.0	0.0	0.0	0.0	25.0	7.0	0.0	6.0	1.0
Greek Frozen Yogurt - Vanilla 3oz	85.0	g	110.0	10.0	1.0	0.5	0.0	5.0	70.0	22.0	0.0	18.0	3.0
Greek Frozen Yogurt - Vanilla 5oz	142.0	g	180.0	15.0	2.0	1.0	0.0	10.0	120.0	36.0	0.0	31.0	5.0
Greek Frozen Yogurt - Vanilla 10oz	283.0	g	350.0	35.0	4.0	2.5	0.0	20.0	240.0	73.0	0.0	62.0	11.0
Honey Nut O's - Vanilla 1oz	28.0	g	40.0	5.0	0.5	0.0	0.0	0.0	50.0	8.0	0.0	5.0	1.0
Honey Nut O's - Vanilla 3oz	85.0	g	120.0	20.0	2.0	1.0	0.0	5.0	160.0	25.0	1.0	15.0	3.0
Honey Nut O's - Vanilla 5oz	142.0	g	210.0	30.0	3.5	1.5	0.0	10.0	260.0	42.0	2.0	25.0	6.0
Honey Nut O's - Vanilla 10oz	283.0	g	420.0	60.0	7.0	3.0	0.0	20.0	520.0	84.0	4.0	51.0	11.0
Intense Nutella® Fusion - Vanilla 1oz	28.0	g	45.0	15.0	2.0	1.0	0.0	0.0	30.0	6.0	0.0	5.0	1.0
Intense Nutella Fusion - Vanilla 3oz	85.0	g	140.0	50.0	6.0	2.5	0.0	5.0	85.0	19.0	0.0	16.0	3.0
Intense Nutella Fusion - Vanilla 5oz	142.0	g	230.0	80.0	9.0	4.0	0.0	10.0	140.0	32.0	1.0	26.0	5.0
Intense Nutella Fusion - Vanilla 10oz	283.0	g	450.0	170.0	19.0	8.0	0.0	20.0	280.0	64.0	1.0	52.0	10.0
Latte - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	5.0	30.0	5.0	0.0	4.0	1.0
Latte - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	10.0	90.0	16.0	0.0	11.0	3.0
Latte - Vanilla 5oz	142.0	g	140.0	25.0	3.0	2.0	0.0	15.0	150.0	27.0	0.0	19.0	4.0
Latte - Vanilla 10oz	283.0	g	290.0	50.0	6.0	3.5	0.0	25.0	300.0	54.0	0.0	37.0	8.0
Latte Fudge - Chocolate 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Latte Fudge - Chocolate 3oz	85.0	g	90.0	15.0	2.0	1.0	0.0	5.0	90.0	16.0	0.0	11.0	3.0
Latte Fudge - Chocolate 5oz	142.0	g	140.0	30.0	3.0	2.0	0.0	10.0	150.0	27.0	0.0	18.0	4.0
Latte Fudge - Chocolate 10oz	283.0	g	290.0	60.0	6.0	3.5	0.0	25.0	300.0	54.0	0.0	35.0	9.0
Mango - Vanilla 1oz	28.0	g	25.0	0.0	0.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Mango - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	12.0	2.0
Mango - Vanilla 5oz	142.0	g	140.0	20.0	2.5	1.5	0.0	10.0	140.0	26.0	0.0	20.0	4.0
Mango - Vanilla 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	20.0	280.0	53.0	0.0	41.0	8.0
Mango Greek Frozen Yogurt - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Mango Greek Frozen Yogurt - Vanilla 3oz	85.0	g	100.0	10.0	1.0	0.5	0.0	5.0	70.0	19.0	0.0	16.0	3.0
Mango Greek Frozen Yogurt - Vanilla 5oz	142.0	g	160.0	15.0	2.0	1.0	0.0	10.0	115.0	32.0	0.0	27.0	5.0
Mango Greek Frozen Yogurt - Vanilla 10oz	283.0	g	320.0	35.0	4.0	2.5	0.0	20.0	230.0	65.0	0.0	53.0	11.0
Mango Tart 'n Tasti - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	7.0	0.0	5.0	1.0
Mango Tart 'n Tasti - Vanilla 3oz	85.0	g	90.0	10.0	1.0	0.5	0.0	5.0	75.0	20.0	0.0	16.0	2.0
Mango Tart 'n Tasti - Vanilla 5oz	142.0	g	160.0	15.0	2.0	1.0	0.0	10.0	120.0	33.0	0.0	27.0	4.0
Mango Tart 'n Tasti - Vanilla 10oz	283.0	g	310.0	35.0	4.0	2.5	0.0	20.0	240.0	66.0	0.0	55.0	8.0


Tasti D-Lite® Nutritional Statement

 tasti D·lite®			Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
	Weight												
Soft Serve (Gallon Recipes) Cont.													
Marble Cheesecake - Chocolate/Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Marble Cheesecake - Chocolate/Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	11.0	2.0
Marble Cheesecake - Chocolate/Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	28.0	0.0	18.0	4.0
Marble Cheesecake - Chocolate/Vanilla 10oz	283.0	g	290.0	45.0	5.0	3.0	0.0	20.0	280.0	56.0	0.0	35.0	8.0
Marshmallow - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Marshmallow - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	13.0	2.0
Marshmallow - Vanilla 5oz	142.0	g	140.0	20.0	2.5	1.5	0.0	10.0	140.0	28.0	0.0	22.0	4.0
Marshmallow - Vanilla 10oz	283.0	g	290.0	45.0	5.0	3.0	0.0	25.0	280.0	55.0	0.0	43.0	8.0
Mint Chocolate - Chocolate 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	3.0	1.0
Mint Chocolate - Chocolate 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	18.0	0.0	10.0	3.0
Mint Chocolate - Chocolate 5oz	142.0	g	150.0	25.0	2.5	1.5	0.0	10.0	140.0	29.0	0.0	16.0	4.0
Mint Chocolate - Chocolate 10oz	283.0	g	300.0	45.0	5.0	3.0	0.0	20.0	290.0	59.0	0.0	32.0	9.0
Mocha Almond Fudge - Chocolate/Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Mocha Almond Fudge - Chocolate/Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	15.0	0.0	10.0	3.0
Mocha Almond Fudge - Chocolate/Vanilla 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	140.0	25.0	0.0	17.0	4.0
Mocha Almond Fudge - Chocolate/Vanilla 10oz	283.0	g	260.0	45.0	5.0	3.0	0.0	20.0	290.0	49.0	1.0	33.0	9.0
Mochaccino - Choc/Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	3.0	1.0
Mochaccino - Chocolate/Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	9.0	3.0
Mochaccino - Chocolate/Vanilla 5oz	142.0	g	150.0	25.0	2.5	1.5	0.0	10.0	140.0	28.0	0.0	15.0	4.0
Mochaccino - Chocolate/Vanilla 10oz	283.0	g	300.0	45.0	5.0	3.0	0.0	20.0	280.0	56.0	0.0	31.0	9.0
Mud Pie - Chocolate 1oz	28.0	g	35.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Mud Pie - Chocolate 3oz	85.0	g	100.0	20.0	2.0	1.0	0.0	5.0	95.0	19.0	0.0	11.0	3.0
Mud Pie - Chocolate 5oz	142.0	g	170.0	30.0	3.5	1.5	0.0	10.0	160.0	32.0	1.0	18.0	4.0
Mud Pie - Chocolate 10oz	283.0	g	330.0	60.0	7.0	3.5	0.0	20.0	310.0	64.0	1.0	37.0	9.0
New York Cheesecake - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
New York Cheesecake - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	11.0	2.0
New York Cheesecake - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	28.0	0.0	18.0	4.0
New York Cheesecake - Vanilla 10oz	283.0	g	290.0	45.0	5.0	3.5	0.0	25.0	290.0	56.0	0.0	35.0	8.0
Nutella® Fusion - Vanilla 1oz	28.0	g	35.0	10.0	1.5	0.5	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Nutella Fusion - Vanilla 3oz	85.0	g	110.0	35.0	4.0	1.5	0.0	5.0	85.0	17.0	0.0	13.0	3.0
Nutella Fusion - Vanilla 5oz	142.0	g	180.0	60.0	6.0	3.0	0.0	10.0	140.0	28.0	1.0	22.0	5.0
Nutella Fusion - Vanilla 10oz	283.0	g	360.0	110.0	13.0	6.0	0.0	25.0	290.0	56.0	1.0	44.0	9.0
Oreo® Chocolate Mint - Chocolate 1oz	28.0	g	40.0	10.0	1.0	0.0	0.0	0.0	40.0	7.0	0.0	4.0	1.0
Oreo Chocolate Mint - Chocolate 3oz	85.0	g	130.0	30.0	3.0	1.5	0.0	5.0	115.0	22.0	0.0	12.0	3.0
Oreo Chocolate Mint - Chocolate 5oz	142.0	g	210.0	50.0	5.0	2.0	0.0	10.0	190.0	37.0	1.0	20.0	5.0
Oreo Chocolate Mint - Chocolate 10oz	283.0	g	420.0	100.0	11.0	4.5	0.0	20.0	380.0	75.0	2.0	40.0	9.0
Oreo Mint - Vanilla 1oz	28.0	g	40.0	10.0	1.0	0.0	0.0	0.0	40.0	7.0	0.0	4.0	1.0
Oreo Mint - Vanilla 3oz	85.0	g	130.0	30.0	3.0	1.5	0.0	5.0	115.0	22.0	0.0	13.0	3.0
Oreo Mint - Vanilla 5oz	142.0	g	210.0	50.0	5.0	2.5	0.0	10.0	190.0	37.0	1.0	21.0	4.0
Oreo Mint - Vanilla 10oz	283.0	g	420.0	100.0	11.0	4.5	0.0	20.0	390.0	75.0	2.0	42.0	9.0
Oreos 'n Cream - Vanilla 1oz	28.0	g	40.0	10.0	1.0	0.0	0.0	0.0	40.0	7.0	0.0	5.0	1.0
Oreos 'n Cream - Vanilla 3oz	85.0	g	120.0	30.0	3.5	1.5	0.0	5.0	120.0	21.0	0.0	14.0	3.0
Oreos 'n Cream - Vanilla 5oz	142.0	g	200.0	50.0	5.0	2.5	0.0	10.0	200.0	35.0	1.0	24.0	4.0
Oreos 'n Cream - Vanilla 10oz	283.0	g	400.0	100.0	11.0	5.0	0.0	20.0	400.0	69.0	2.0	47.0	9.0
Oreos 'n Peanut Butter - Vanilla 1oz	28.0	g	45.0	15.0	1.5	0.5	0.0	0.0	40.0	7.0	0.0	4.0	1.0
Oreos 'n Peanut Butter - Vanilla 3oz	85.0	g	140.0	45.0	5.0	1.5	0.0	5.0	115.0	20.0	1.0	13.0	3.0
Oreos 'n Peanut Butter - Vanilla 5oz	142.0	g	230.0	80.0	9.0	3.0	0.0	10.0	190.0	34.0	1.0	22.0	6.0
Oreos 'n Peanut Butter - Vanilla 10oz	283.0	g	450.0	170.0	19.0	5.0	0.0	20.0	270.0	50.0	3.0	34.0	14.0
Peach Melba - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Peach Melba - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	80.0	18.0	0.0	14.0	2.0
Peach Melba - Vanilla 5oz	142.0	g	150.0	20.0	2.5	1.5	0.0	10.0	135.0	30.0	1.0	24.0	4.0
Peach Melba - Vanilla 10oz	283.0	g	290.0	40.0	4.5	3.0	0.0	20.0	270.0	59.0	1.0	48.0	8.0
Peachy Keen - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	30.0	6.0	0.0	5.0	1.0
Peachy Keen - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	14.0	2.0
Peachy Keen - Vanilla 5oz	142.0	g	140.0	20.0	2.5	1.5	0.0	10.0	140.0	29.0	0.0	23.0	4.0
Peachy Keen - Vanilla 10oz	283.0	g	290.0	45.0	5.0	3.0	0.0	20.0	280.0	58.0	1.0	46.0	8.0
Peanut Butter - Vanilla 1oz	28.0	g	35.0	10.0	1.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Peanut Butter - Vanilla 3oz	85.0	g	100.0	35.0	4.0	1.5	0.0	5.0	85.0	15.0	0.0	11.0	3.0
Peanut Butter - Vanilla 5oz	142.0	g	170.0	60.0	6.0	2.0	0.0	10.0	140.0	25.0	1.0	18.0	6.0
Peanut Butter - Vanilla 10oz	283.0	g	340.0	110.0	13.0	4.5	0.0	25.0	280.0	51.0	2.0	36.0	12.0
Peanut Butter 'n Jelly - Vanilla 1oz	28.0	g	30.0	10.0	1.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Peanut Butter 'n Jelly - Vanilla 3oz	85.0	g	90.0	25.0	3.0	1.0	0.0	5.0	85.0	15.0	0.0	11.0	3.0
Peanut Butter 'n Jelly - Vanilla 5oz	142.0	g	160.0	45.0	5.0	2.0	0.0	10.0	140.0	26.0	1.0	19.0	5.0
Peanut Butter 'n Jelly - Vanilla 10oz	283.0	g	320.0	90.0	10.0	4.0	0.0	25.0	290.0	51.0	1.0	38.0	10.0
Peanut Butter Batter - Chocolate 1oz	28.0	g	35.0	10.0	1.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Peanut Butter Batter - Chocolate 3oz	85.0	g	100.0	35.0	4.0	1.5	0.0	5.0	85.0	15.0	0.0	10.0	4.0
Peanut Butter Batter - Chocolate 5oz	142.0	g	170.0	60.0	7.0	2.5	0.0	10.0	140.0	26.0	1.0	17.0	6.0
Peanut Butter Batter - Chocolate 10oz	283.0	g	350.0	120.0	13.0	4.5	0.0	25.0	280.0	52.0	2.0	35.0	12.0
Peanut Butter Caramel - Vanilla 1oz	28.0	g	30.0	10.0	1.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Peanut Butter Caramel - Vanilla 3oz	85.0	g	100.0	25.0	3.0	1.0	0.0	5.0	85.0	16.0	0.0	11.0	3.0
Peanut Butter Caramel - Vanilla 5oz	142.0	g	160.0	45.0	5.0	2.0	0.0	10.0	140.0	26.0	1.0	18.0	5.0
Peanut Butter Caramel - Vanilla 10oz	283.0	g	320.0	90.0	10.0	4.0	0.0	25.0	280.0	53.0	1.0	36.0	10.0
Peanut Butter Coconut Fudge - Chocolate 1oz	28.0	g	30.0	10.0	1.0	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Peanut Butter Coconut Fudge - Chocolate 3oz	85.0	g	90.0	25.0	3.0	1.0	0.0	5.0	85.0	14.0	0.0	9.0	3.0
Peanut Butter Coconut Fudge - Chocolate 5oz	142.0	g	150.0	45.0	5.0	2.0	0.0	10.0	140.0	24.0	1.0	15.0	6.0
Peanut Butter Coconut Fudge - Chocolate 10oz	283.0	g	290.0	90.0	10.0	3.5	0.0	20.0	280.0	47.0	1.0	31.0	11.0


Tasti D-Lite® Nutritional Statement

		Weight	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Soft Serve (Gallon Recipes) Cont.													
Peanut Butter Cup - Chocolate 1oz	28.0	g	30.0	10.0	1.0	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Peanut Butter Cup - Chocolate 3oz	85.0	g	90.0	25.0	3.0	1.0	0.0	5.0	85.0	15.0	0.0	10.0	3.0
Peanut Butter Cup - Chocolate 5oz	142.0	g	160.0	45.0	5.0	2.0	0.0	10.0	140.0	26.0	1.0	17.0	5.0
Peanut Butter Cup - Chocolate 10oz	283.0	g	310.0	90.0	10.0	3.5	0.0	20.0	280.0	51.0	1.0	33.0	11.0
Peanut Butter Fudge - Chocolate 1oz	28.0	g	30.0	10.0	1.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Peanut Butter Fudge - Chocolate 3oz	85.0	g	90.0	25.0	3.0	1.0	0.0	5.0	85.0	15.0	0.0	11.0	3.0
Peanut Butter Fudge - Chocolate 5oz	142.0	g	160.0	45.0	5.0	2.0	0.0	10.0	140.0	26.0	1.0	18.0	5.0
Peanut Butter Fudge - Chocolate 10oz	283.0	g	310.0	90.0	10.0	3.5	0.0	20.0	280.0	51.0	1.0	36.0	11.0
Peanut Butter Marshmallow - Vanilla 1oz	28.0	g	35.0	10.0	1.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Peanut Butter Marshmallow - Vanilla 3oz	85.0	g	100.0	35.0	3.5	1.5	0.0	5.0	85.0	15.0	0.0	11.0	3.0
Peanut Butter Marshmallow - Vanilla 5oz	142.0	g	170.0	60.0	6.0	2.0	0.0	10.0	140.0	26.0	1.0	18.0	6.0
Peanut Butter Marshmallow - Vanilla 10oz	283.0	g	340.0	110.0	12.0	4.5	0.0	20.0	280.0	51.0	2.0	37.0	11.0
Peanut Butter Moosemellow - Chocolate 1oz	28.0	g	30.0	10.0	1.0	0.0	0.0	0.0	25.0	5.0	0.0	4.0	1.0
Peanut Butter Moosemellow - Chocolate 3oz	85.0	g	90.0	25.0	3.0	1.0	0.0	5.0	80.0	16.0	0.0	11.0	3.0
Peanut Butter Moosemellow - Chocolate 5oz	142.0	g	160.0	45.0	5.0	1.5	0.0	10.0	135.0	26.0	1.0	18.0	6.0
Peanut Butter Moosemellow - Chocolate 10oz	283.0	g	310.0	90.0	10.0	3.5	0.0	20.0	270.0	52.0	1.0	36.0	11.0
Peanut Butter Squared - Vanilla 1oz	28.0	g	40.0	15.0	2.0	0.5	0.0	0.0	25.0	5.0	0.0	4.0	1.0
Peanut Butter Squared - Vanilla 3oz	85.0	g	130.0	50.0	6.0	1.5	0.0	5.0	80.0	16.0	1.0	11.0	4.0
Peanut Butter Squared - Vanilla 5oz	142.0	g	210.0	80.0	9.0	2.5	0.0	10.0	130.0	27.0	1.0	19.0	7.0
Peanut Butter Squared - Vanilla 10oz	283.0	g	420.0	170.0	19.0	5.0	0.0	20.0	260.0	54.0	3.0	38.0	14.0
Peanut Cluster - Vanilla/Chocolate 1oz	28.0	g	30.0	10.0	1.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Peanut Cluster - Vanilla/Chocolate 3oz	85.0	g	100.0	25.0	3.0	1.0	0.0	5.0	85.0	16.0	0.0	11.0	3.0
Peanut Cluster - Vanilla/Chocolate 5oz	142.0	g	160.0	45.0	5.0	2.0	0.0	10.0	140.0	27.0	1.0	19.0	5.0
Peanut Cluster - Vanilla/Chocolate 10oz	283.0	g	320.0	90.0	10.0	3.5	0.0	20.0	280.0	54.0	1.0	38.0	10.0
Pecan Praline - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Pecan Praline - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	11.0	2.0
Pecan Praline - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	27.0	0.0	18.0	4.0
Pecan Praline - Vanilla 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	25.0	290.0	53.0	1.0	36.0	8.0
Pecan Praline Fudge - Chocolate 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	30.0	6.0	0.0	3.0	1.0
Pecan Praline Fudge - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	10.0	3.0
Pecan Praline Fudge - Chocolate 5oz	142.0	g	140.0	20.0	2.5	1.5	0.0	10.0	140.0	28.0	0.0	16.0	4.0
Pecan Praline Fudge - Chocolate 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	20.0	280.0	55.0	1.0	32.0	9.0
Piña Colada - Vanilla 1oz	28.0	g	25.0	0.0	0.0	0.0	0.0	0.0	25.0	5.0	0.0	4.0	1.0
Piña Colada - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	80.0	15.0	0.0	12.0	2.0
Piña Colada - Vanilla 5oz	142.0	g	130.0	20.0	2.5	1.5	0.0	10.0	135.0	25.0	0.0	19.0	4.0
Piña Colada - Vanilla 10oz	283.0	g	260.0	45.0	5.0	3.0	0.0	20.0	270.0	51.0	0.0	39.0	8.0
Pineapple Cheesecake - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	4.0	1.0
Pineapple Cheesecake - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	80.0	18.0	0.0	12.0	2.0
Pineapple Cheesecake - Vanilla 5oz	142.0	g	150.0	20.0	2.5	1.5	0.0	10.0	135.0	29.0	0.0	19.0	4.0
Pineapple Cheesecake - Vanilla 10oz	283.0	g	300.0	45.0	5.0	3.0	0.0	20.0	270.0	59.0	0.0	39.0	8.0
Pomegranate - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Pomegranate - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	15.0	0.0	12.0	2.0
Pomegranate - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	26.0	0.0	19.0	4.0
Pomegranate - Vanilla 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	25.0	280.0	51.0	1.0	39.0	8.0
Pomegranate Greek Frozen Yogurt - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Pomegranate Greek Frozen Yogurt - Vanilla 3oz	85.0	g	100.0	10.0	1.0	0.5	0.0	5.0	70.0	19.0	0.0	16.0	3.0
Pomegranate Greek Frozen Yogurt - Vanilla 5oz	142.0	g	160.0	15.0	2.0	1.0	0.0	10.0	120.0	32.0	0.0	26.0	5.0
Pomegranate Greek Frozen Yogurt - Vanilla 10oz	283.0	g	320.0	35.0	4.0	2.5	0.0	20.0	240.0	64.0	1.0	52.0	11.0
Pomegranate Tart 'n Tasti - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Pomegranate Tart 'n Tasti - Vanilla 3oz	85.0	g	90.0	10.0	1.0	0.5	0.0	5.0	75.0	19.0	0.0	16.0	2.0
Pomegranate Tart 'n Tasti - Vanilla 5oz	142.0	g	160.0	15.0	2.0	1.0	0.0	10.0	120.0	32.0	0.0	27.0	4.0
Pomegranate Tart 'n Tasti - Vanilla 10oz	283.0	g	310.0	35.0	4.0	2.5	0.0	20.0	240.0	65.0	1.0	54.0	8.0
Raspberry - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Raspberry - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	12.0	3.0
Raspberry - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	26.0	0.0	20.0	4.0
Raspberry - Vanilla 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	25.0	290.0	52.0	1.0	40.0	8.0
Raspberry Cheesecake - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Raspberry Cheesecake - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	11.0	2.0
Raspberry Cheesecake - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	28.0	0.0	18.0	4.0
Raspberry Cheesecake - Vanilla 10oz	283.0	g	290.0	45.0	5.0	3.0	0.0	25.0	280.0	56.0	0.0	36.0	8.0
Raspberry Chocolate Truffle - Chocolate 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Raspberry Chocolate Truffle - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	12.0	3.0
Raspberry Chocolate Truffle - Chocolate 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	20.0	4.0
Raspberry Chocolate Truffle - Chocolate 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	20.0	300.0	54.0	1.0	40.0	9.0
Raspberry Greek Frozen Yogurt - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Raspberry Greek Frozen Yogurt - Vanilla 3oz	85.0	g	100.0	10.0	1.0	0.5	0.0	5.0	75.0	19.0	0.0	15.0	3.0
Raspberry Greek Frozen Yogurt - Vanilla 5oz	142.0	g	160.0	20.0	2.0	1.0	0.0	10.0	120.0	32.0	0.0	26.0	5.0
Raspberry Greek Frozen Yogurt - Vanilla 10oz	283.0	g	320.0	35.0	4.0	2.5	0.0	20.0	240.0	63.0	0.0	52.0	11.0
Raspberry Tart 'n Tasti - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Raspberry Tart 'n Tasti - Vanilla 3oz	85.0	g	90.0	10.0	1.0	0.5	0.0	5.0	75.0	19.0	0.0	16.0	3.0
Raspberry Tart 'n Tasti - Vanilla 5oz	142.0	g	150.0	20.0	2.0	1.0	0.0	10.0	125.0	32.0	0.0	27.0	4.0
Raspberry Tart 'n Tasti - Vanilla 10oz	283.0	g	310.0	35.0	4.0	2.5	0.0	20.0	250.0	64.0	0.0	53.0	9.0
Red Velvet Cake - Chocolate 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Red Velvet Cake - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	15.0	0.0	11.0	3.0
Red Velvet Cake - Chocolate 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	140.0	26.0	0.0	18.0	4.0
Red Velvet Cake - Chocolate 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	20.0	280.0	51.0	0.0	37.0	9.0


Tasti D-Lite® Nutritional Statement

 tasti D·lite®		Weight	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Soft Serve (Gallon Recipes) Cont.													
Rice Pudding -Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Rice Pudding -Vanilla 3oz	85.0	g	100.0	15.0	1.5	1.0	0.0	5.0	85.0	19.0	0.0	11.0	2.0
Rice Pudding -Vanilla 5oz	142.0	g	160.0	25.0	2.5	1.5	0.0	10.0	140.0	31.0	0.0	18.0	4.0
Rice Pudding -Vanilla 10oz	283.0	g	320.0	45.0	5.0	3.0	0.0	20.0	280.0	63.0	0.0	36.0	8.0
Rocky Road® - Vanilla/Chocolate 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Rocky Road - Vanilla/Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	13.0	2.0
Rocky Road® - Vanilla/Chocolate 5oz	142.0	g	140.0	20.0	2.5	1.5	0.0	10.0	140.0	27.0	0.0	21.0	4.0
Rocky Road - Vanilla/Chocolate 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	20.0	290.0	55.0	1.0	42.0	8.0
S'mores - Chocolate 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	35.0	6.0	0.0	4.0	1.0
S'mores - Chocolate 3oz	85.0	g	90.0	15.0	2.0	1.0	0.0	5.0	105.0	18.0	0.0	12.0	3.0
S'mores - Chocolate 5oz	142.0	g	160.0	30.0	3.0	1.5	0.0	10.0	170.0	30.0	1.0	19.0	5.0
S'mores - Chocolate 10oz	283.0	g	310.0	60.0	6.0	2.5	0.0	20.0	350.0	61.0	1.0	39.0	9.0
Salted Caramel - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Salted Caramel - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	12.0	2.0
Salted Caramel - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	20.0	4.0
Salted Caramel - Vanilla 10oz	283.0	g	290.0	45.0	5.0	3.0	0.0	25.0	300.0	55.0	0.0	39.0	8.0
Strawberry - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Strawberry - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	13.0	2.0
Strawberry - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	21.0	4.0
Strawberry - Vanilla 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	25.0	290.0	54.0	0.0	42.0	8.0
Strawberry Banana - Vanilla 1oz	28.0	g	25.0	0.0	0.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Strawberry Banana - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	15.0	0.0	11.0	2.0
Strawberry Banana - Vanilla 5oz	142.0	g	130.0	20.0	2.5	1.5	0.0	10.0	140.0	25.0	0.0	19.0	4.0
Strawberry Banana - Vanilla 10oz	283.0	g	260.0	45.0	5.0	3.0	0.0	20.0	280.0	51.0	1.0	38.0	8.0
Strawberry Cheesecake - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	30.0	6.0	0.0	4.0	1.0
Strawberry Cheesecake - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	18.0	0.0	12.0	2.0
Strawberry Cheesecake - Vanilla 5oz	142.0	g	150.0	20.0	2.5	1.5	0.0	10.0	140.0	30.0	0.0	19.0	4.0
Strawberry Cheesecake - Vanilla 10oz	283.0	g	300.0	45.0	5.0	3.0	0.0	20.0	280.0	59.0	0.0	39.0	8.0
Strawberry Colada - Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Strawberry Colada - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	15.0	0.0	12.0	2.0
Strawberry Colada - Vanilla 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	150.0	25.0	0.0	19.0	4.0
Strawberry Colada - Vanilla 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	25.0	290.0	51.0	0.0	39.0	8.0
Strawberry Greek Frozen Yogurt - Vanilla 1oz	28.0	g	30.0	5.0	0.0	0.0	0.0	0.0	25.0	6.0	0.0	5.0	1.0
Strawberry Greek Frozen Yogurt - Vanilla 3oz	85.0	g	100.0	10.0	1.0	0.5	0.0	5.0	75.0	19.0	0.0	16.0	3.0
Strawberry Greek Frozen Yogurt - Vanilla 5oz	142.0	g	160.0	20.0	2.0	1.0	0.0	10.0	125.0	32.0	0.0	26.0	5.0
Strawberry Greek Frozen Yogurt - Vanilla 10oz	283.0	g	320.0	35.0	4.0	2.5	0.0	20.0	250.0	65.0	0.0	53.0	11.0
Strawberry Shortcake - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	5.0	30.0	6.0	0.0	5.0	1.0
Strawberry Shortcake - Vanilla 3oz	85.0	g	90.0	20.0	2.0	1.0	0.0	10.0	90.0	17.0	0.0	14.0	2.0
Strawberry Shortcake - Vanilla 5oz	142.0	g	150.0	30.0	3.5	2.0	0.0	15.0	150.0	29.0	0.0	23.0	4.0
Strawberry Shortcake - Vanilla 10oz	283.0	g	310.0	60.0	7.0	4.0	0.0	30.0	290.0	58.0	0.0	46.0	8.0
Strawberry Tart n' Tasti - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	25.0	7.0	0.0	5.0	1.0
Strawberry Tart n' Tasti - Vanilla 3oz	85.0	g	90.0	10.0	1.0	0.5	0.0	5.0	75.0	20.0	0.0	16.0	3.0
Strawberry Tart n' Tasti - Vanilla 5oz	142.0	g	160.0	20.0	2.0	1.0	0.0	10.0	125.0	33.0	0.0	27.0	4.0
Strawberry Tart n' Tasti - Vanilla 10oz	283.0	g	310.0	35.0	4.0	2.5	0.0	20.0	250.0	66.0	0.0	55.0	9.0
Tapioca Pudding - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Tapioca Pudding - Vanilla 3oz	85.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	11.0	3.0
Tapioca Pudding - Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	18.0	4.0
Tapioca Pudding - Vanilla 10oz	283.0	g	290.0	45.0	5.0	3.5	0.0	25.0	300.0	54.0	0.0	36.0	8.0
Tart 'n Tasti - Vanilla 1oz	28.0	g	35.0	0.0	0.0	0.0	0.0	0.0	25.0	7.0	0.0	6.0	1.0
Tart 'n Tasti - Vanilla 3oz	85.0	g	100.0	10.0	1.0	0.5	0.0	5.0	75.0	22.0	0.0	19.0	3.0
Tart 'n Tasti - Vanilla 5oz	142.0	g	170.0	15.0	2.0	1.0	0.0	10.0	125.0	37.0	0.0	32.0	4.0
Tart 'n Tasti - Vanilla 10oz	283.0	g	350.0	35.0	4.0	2.5	0.0	20.0	250.0	74.0	0.0	63.0	8.0
Tiramisu - Chocolate/Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Tiramisu - Chocolate/Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	10.0	3.0
Tiramisu - Chocolate/Vanilla 5oz	142.0	g	140.0	25.0	2.5	1.5	0.0	10.0	140.0	26.0	0.0	17.0	4.0
Tiramisu - Chocolate/Vanilla 10oz	283.0	g	270.0	45.0	5.0	3.0	0.0	20.0	280.0	53.0	1.0	35.0	8.0
Toasted Almond Fudge - Chocolate 1oz	28.0	g	25.0	5.0	0.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Toasted Almond Fudge - Chocolate 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	12.0	3.0
Toasted Almond Fudge - Chocolate 5oz	142.0	g	140.0	20.0	2.5	1.5	0.0	10.0	140.0	27.0	0.0	20.0	4.0
Toasted Almond Fudge - Chocolate 10oz	283.0	g	270.0	45.0	5.0	2.5	0.0	20.0	280.0	54.0	1.0	40.0	8.0
Toasted Coconut Cookie - Chocolate/Vanilla 1oz	28.0	g	25.0	5.0	0.5	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Toasted Coconut Cookie - Chocolate/Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	15.0	0.0	10.0	3.0
Toasted Coconut Cookie - Chocolate/Vanilla 5oz	142.0	g	130.0	25.0	2.5	1.5	0.0	10.0	140.0	25.0	0.0	17.0	4.0
Toasted Coconut Cookie - Chocolate/Vanilla 10oz	283.0	g	260.0	45.0	5.0	3.0	0.0	20.0	280.0	49.0	0.0	34.0	8.0
Toffee Crunch - Chocolate 1oz	28.0	g	35.0	10.0	1.0	0.5	0.0	5.0	35.0	6.0	0.0	5.0	1.0
Toffee Crunch - Chocolate 3oz	85.0	g	110.0	30.0	3.5	2.0	0.0	10.0	105.0	18.0	0.0	14.0	3.0
Toffee Crunch - Chocolate 5oz	142.0	g	180.0	50.0	6.0	3.0	0.0	15.0	180.0	30.0	0.0	23.0	4.0
Toffee Crunch - Chocolate 10oz	283.0	g	360.0	110.0	12.0	6.0	0.0	25.0	360.0	61.0	1.0	45.0	9.0
Triple Berry - Vanilla 1oz	28.0	g	30.0	0.0	0.0	0.0	0.0	0.0	30.0	5.0	0.0	4.0	1.0
Triple Berry - Vanilla 3oz	85.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	13.0	2.0
Triple Berry - Vanilla 5oz	142.0	g	140.0	20.0	2.5	1.5	0.0	10.0	140.0	27.0	0.0	21.0	4.0
Triple Berry - Vanilla 10oz	283.0	g	280.0	45.0	5.0	3.0	0.0	25.0	290.0	55.0	0.0	43.0	8.0
Tropicalada - Vanilla 1oz	28.0	g	25.0	0.0	0.0	0.0	0.0	0.0	30.0	5.0	0.0	3.0	1.0
Tropicalada - Vanilla 3oz	85.0	g	70.0	15.0	1.5	1.0	0.0	5.0	85.0	14.0	0.0	10.0	2.0
Tropicalada - Vanilla 5oz	142.0	g	120.0	20.0	2.5	1.5	0.0	10.0	140.0	23.0	0.0	17.0	4.0
Tropicalada - Vanilla 10oz	283.0	g	250.0	45.0	5.0	3.0	0.0	20.0	280.0	47.0	0.0	35.0	8.0


Tasti D-Lite® Nutritional Statement

 tasti D·lite®													
		Weight	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Soft Serve (Gallon Recipes) Cont.													
Vanilla Malt - Vanilla 1oz	28.0	g	30.0	5.0	0.5	0.0	0.0	5.0	35.0	6.0	0.0	4.0	1.0
Vanilla Malt - Vanilla 3oz	85.0	g	90.0	15.0	2.0	1.0	0.0	10.0	100.0	18.0	0.0	13.0	3.0
Vanilla Malt - Vanilla 5oz	142.0	g	160.0	25.0	3.0	2.0	0.0	15.0	170.0	29.0	0.0	22.0	5.0
Vanilla Malt - Vanilla 10oz	283.0	g	310.0	50.0	6.0	3.5	0.0	25.0	330.0	59.0	0.0	44.0	9.0
Soft Serve (Custom Blends)**													
Açaí - Vanilla 3oz	93.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	19.0	0.0	15.0	3.0
Açaí - Vanilla 5oz	158.0	g	160.0	25.0	2.5	1.5	0.0	10.0	150.0	33.0	0.0	27.0	4.0
Açaí - Vanilla 10oz	316.0	g	330.0	50.0	5.0	3.5	0.0	25.0	290.0	65.0	1.0	53.0	8.0
Açaí Greek Frozen Yogurt - Vanilla 3oz	95.0	g	120.0	10.0	1.0	0.5	0.0	5.0	75.0	26.0	0.0	22.0	3.0
Açaí Greek Frozen Yogurt - Vanilla 5oz	162.0	g	210.0	20.0	2.0	1.0	0.0	10.0	120.0	44.0	0.0	39.0	5.0
Açaí Greek Frozen Yogurt - Vanilla 10oz	324.0	g	420.0	40.0	4.0	2.5	0.0	20.0	240.0	89.0	1.0	77.0	11.0
Açaí Tart 'n Tasti - Vanilla 3oz	95.0	g	120.0	10.0	1.0	0.5	0.0	5.0	75.0	26.0	0.0	23.0	3.0
Açaí Tart 'n Tasti - Vanilla 5oz	162.0	g	200.0	20.0	2.0	1.0	0.0	10.0	125.0	45.0	0.0	39.0	4.0
Açaí Tart 'n Tasti - Vanilla 10oz	324.0	g	410.0	40.0	4.0	2.5	0.0	20.0	250.0	90.0	1.0	79.0	8.0
Angel Food Cake - Vanilla 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	13.0	3.0
Angel Food Cake - Vanilla 5oz	148.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	22.0	4.0
Angel Food Cake - Vanilla 10oz	295.0	g	290.0	45.0	5.0	3.5	0.0	25.0	290.0	55.0	0.0	43.0	8.0
Banana - Vanilla 3oz	89.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	12.0	3.0
Banana - Vanilla 5oz	150.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	26.0	0.0	20.0	4.0
Banana - Vanilla 10oz	301.0	g	280.0	45.0	5.0	3.5	0.0	25.0	290.0	52.0	0.0	40.0	8.0
Banana 'n Peanut Butter - Vanilla 3oz	93.0	g	110.0	30.0	3.5	1.5	0.0	5.0	85.0	17.0	0.0	13.0	3.0
Banana 'n Peanut Butter - Vanilla 5oz	158.0	g	180.0	60.0	6.0	2.0	0.0	10.0	150.0	28.0	1.0	21.0	6.0
Banana 'n Peanut Butter - Vanilla 10oz	317.0	g	370.0	110.0	13.0	4.5	0.0	25.0	290.0	57.0	2.0	42.0	12.0
Banana Fudge - Chocolate 3oz	91.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	15.0	0.0	11.0	3.0
Banana Fudge - Chocolate 5oz	153.0	g	130.0	25.0	2.5	1.5	0.0	10.0	150.0	26.0	0.0	18.0	5.0
Banana Fudge - Chocolate 10oz	307.0	g	270.0	45.0	5.0	3.0	0.0	20.0	300.0	51.0	1.0	37.0	9.0
Banana Greek Frozen Yogurt - Vanilla 3oz	91.0	g	90.0	10.0	1.0	0.5	0.0	5.0	70.0	17.0	0.0	14.0	3.0
Banana Greek Frozen Yogurt - Vanilla 5oz	153.0	g	150.0	15.0	2.0	1.0	0.0	10.0	115.0	29.0	0.0	23.0	5.0
Banana Greek Frozen Yogurt - Vanilla 10oz	307.0	g	290.0	35.0	3.5	2.5	0.0	20.0	230.0	58.0	1.0	46.0	10.0
Banana Pudding - Vanilla 3oz	91.0	g	90.0	15.0	2.0	1.0	0.0	10.0	95.0	17.0	0.0	13.0	3.0
Banana Pudding - Vanilla 5oz	154.0	g	150.0	25.0	3.0	2.0	0.0	15.0	160.0	28.0	0.0	21.0	4.0
Banana Pudding - Vanilla 10oz	307.0	g	300.0	50.0	6.0	4.0	0.0	25.0	310.0	56.0	0.0	43.0	8.0
Banana Tart 'n Tasti - Vanilla 3oz	91.0	g	100.0	10.0	1.0	0.5	0.0	5.0	75.0	22.0	0.0	19.0	3.0
Banana Tart 'n Tasti - Vanilla 5oz	153.0	g	170.0	15.0	2.0	1.0	0.0	10.0	125.0	37.0	0.0	32.0	4.0
Banana Tart 'n Tasti - Vanilla 10oz	307.0	g	350.0	35.0	4.0	2.5	0.0	20.0	250.0	74.0	0.0	63.0	8.0
Bananas Foster - Vanilla 3oz	91.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	12.0	3.0
Bananas Foster - Vanilla 5oz	153.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	29.0	0.0	20.0	4.0
Bananas Foster - Vanilla 10oz	307.0	g	300.0	45.0	5.0	3.5	0.0	25.0	290.0	58.0	0.0	40.0	8.0
Birthday Cake - Vanilla 3oz	93.0	g	110.0	20.0	2.5	1.5	0.0	10.0	95.0	20.0	0.0	16.0	3.0
Birthday Cake - Vanilla 5oz	157.0	g	180.0	35.0	4.0	2.5	0.0	20.0	160.0	34.0	0.0	27.0	4.0
Birthday Cake - Vanilla 10oz	317.0	g	370.0	70.0	8.0	5.0	0.0	35.0	320.0	69.0	0.0	56.0	9.0
Black Cherry - Vanilla 3oz	86.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	13.0	3.0
Black Cherry - Vanilla 5oz	144.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	22.0	4.0
Black Cherry - Vanilla 10oz	289.0	g	290.0	45.0	5.0	3.5	0.0	25.0	310.0	56.0	0.0	44.0	8.0
Black Forest Cake - Chocolate 3oz	89.0	g	90.0	15.0	1.5	1.0	0.0	5.0	100.0	18.0	0.0	13.0	3.0
Black Forest Cake - Chocolate 5oz	150.0	g	160.0	25.0	2.5	1.5	0.0	10.0	170.0	32.0	0.0	23.0	5.0
Black Forest Cake - Chocolate 10oz	300.0	g	320.0	45.0	5.0	3.0	0.0	20.0	350.0	63.0	1.0	46.0	9.0
Blueberry Cheesecake - Vanilla 3oz	94.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	20.0	0.0	14.0	3.0
Blueberry Cheesecake - Vanilla 5oz	160.0	g	180.0	25.0	2.5	1.5	0.0	10.0	150.0	36.0	0.0	24.0	4.0
Blueberry Cheesecake - Vanilla 10oz	321.0	g	350.0	50.0	5.0	3.5	0.0	25.0	300.0	71.0	0.0	48.0	8.0
Brownie Batter - Chocolate 3oz	90.0	g	90.0	20.0	2.0	1.0	0.0	10.0	95.0	18.0	0.0	13.0	3.0
Brownie Batter - Chocolate 5oz	151.0	g	160.0	35.0	4.0	2.0	0.0	15.0	160.0	30.0	0.0	23.0	5.0
Brownie Batter - Chocolate 10oz	302.0	g	320.0	70.0	8.0	4.5	0.0	30.0	320.0	61.0	1.0	45.0	9.0
Burnt Sugar - Chocolate 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	18.0	0.0	11.0	3.0
Burnt Sugar - Chocolate 5oz	148.0	g	160.0	25.0	2.5	1.5	0.0	10.0	150.0	31.0	0.0	18.0	5.0
Burnt Sugar - Chocolate 10oz	295.0	g	310.0	50.0	5.0	3.0	0.0	20.0	300.0	62.0	1.0	37.0	9.0
Butter Pecan - Vanilla 3oz	89.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	18.0	0.0	12.0	3.0
Butter Pecan - Vanilla 5oz	149.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	30.0	0.0	21.0	4.0
Butter Pecan - Vanilla 10oz	298.0	g	310.0	45.0	5.0	3.5	0.0	25.0	290.0	60.0	1.0	41.0	8.0
Buttercrunch - Vanilla/Chocolate 3oz	88.0	g	100.0	25.0	3.0	1.0	0.0	5.0	90.0	17.0	0.0	12.0	3.0
Buttercrunch - Vanilla/Chocolate 5oz	148.0	g	170.0	45.0	5.0	2.0	0.0	10.0	150.0	29.0	1.0	20.0	5.0
Buttercrunch - Vanilla/Chocolate 10oz	296.0	g	350.0	90.0	10.0	4.0	0.0	20.0	300.0	57.0	1.0	40.0	11.0
Buttercrunch Mania - Vanilla 3oz	289.0	g	110.0	30.0	3.5	1.5	0.0	5.0	95.0	19.0	0.0	14.0	3.0
Buttercrunch Mania - Vanilla 5oz	150.0	g	180.0	50.0	6.0	2.5	0.0	10.0	150.0	30.0	1.0	22.0	5.0
Buttercrunch Mania - Vanilla 10oz	307.0	g	390.0	110.0	12.0	5.0	0.0	25.0	320.0	64.0	1.0	47.0	11.0
Cake Batter - Vanilla 3oz	88.0	g	90.0	15.0	2.0	1.0	0.0	10.0	90.0	17.0	0.0	14.0	3.0
Cake Batter - Vanilla 5oz	148.0	g	160.0	30.0	3.5	2.0	0.0	15.0	150.0	29.0	0.0	23.0	4.0
Cake Batter - Vanilla 10oz	296.0	g	320.0	60.0	7.0	4.0	0.0	30.0	300.0	59.0	0.0	46.0	8.0
Cappuccino - Vanilla 3oz	86.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	12.0	3.0
Cappuccino - Vanilla 5oz	144.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	20.0	4.0
Cappuccino - Vanilla 10oz	289.0	g	290.0	45.0	5.0	3.5	0.0	25.0	290.0	55.0	0.0	40.0	9.0
Caramel - Vanilla 3oz	87.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	13.0	3.0
Caramel - Vanilla 5oz	145.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	21.0	4.0
Caramel - Vanilla 10oz	290.0	g	290.0	45.0	5.0	3.5	0.0	25.0	290.0	57.0	0.0	43.0	8.0
Caramel Fudge - Chocolate 3oz	87.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	12.0	3.0
Caramel Fudge - Chocolate 5oz	145.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	19.0	5.0


Tasti D-Lite® Nutritional Statement

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	Weight		Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Soft Serve (Custom Blends) Cont.													
Caramel Fudge - Chocolate 10oz	290.0	g	280.0	45.0	5.0	3.0	0.0	20.0	300.0	56.0	1.0	39.0	9.0
Cherry Cake - Vanilla 3oz	87.0	g	90.0	15.0	1.5	1.0	0.0	10.0	90.0	17.0	0.0	13.0	3.0
Cherry Cake - Vanilla 5oz	147.0	g	160.0	25.0	3.0	2.0	0.0	15.0	160.0	30.0	0.0	23.0	4.0
Cherry Cake - Vanilla 10oz	295.0	g	310.0	50.0	6.0	3.5	0.0	25.0	310.0	59.0	0.0	47.0	8.0
Chiffon Mint - Vanilla 3oz	86.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	12.0	3.0
Chiffon Mint - Vanilla 5oz	143.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	20.0	4.0
Chiffon Mint - Vanilla 10oz	286.0	g	290.0	45.0	5.0	3.5	0.0	25.0	290.0	55.0	0.0	40.0	8.0
Chocolate Caramel Meringue - Chocolate/Vanilla 3oz	90.0	g	100.0	20.0	2.0	1.5	0.0	10.0	105.0	18.0	0.0	13.0	3.0
Chocolate Caramel Meringue - Chocolate/Vanilla 5oz	151.0	g	170.0	35.0	4.0	2.5	0.0	15.0	180.0	32.0	0.0	23.0	4.0
Chocolate Caramel Meringue - Chocolate/Vanilla 10oz	302.0	g	340.0	70.0	8.0	4.5	0.0	30.0	360.0	63.0	1.0	46.0	9.0
Chocolate Covered Strawberry - Chocolate 3oz	91.0	g	90.0	15.0	1.5	1.0	0.0	5.0	95.0	18.0	0.0	14.0	3.0
Chocolate Covered Strawberry - Chocolate 5oz	153.0	g	160.0	25.0	2.5	1.5	0.0	10.0	150.0	32.0	0.0	24.0	5.0
Chocolate Covered Strawberry - Chocolate 10oz	305.0	g	310.0	45.0	5.0	3.0	0.0	20.0	310.0	63.0	1.0	48.0	9.0
Chocolate Macaroon - Chocolate 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	11.0	3.0
Chocolate Macaroon - Chocolate 5oz	148.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	18.0	5.0
Chocolate Macaroon - Chocolate 10oz	297.0	g	290.0	45.0	5.0	3.0	0.0	20.0	300.0	56.0	1.0	37.0	9.0
Chocolate Mousse - Chocolate 3oz	89.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	13.0	3.0
Chocolate Mousse - Chocolate 5oz	149.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	29.0	0.0	22.0	5.0
Chocolate Mousse - Chocolate 10oz	298.0	g	300.0	45.0	5.0	3.0	0.0	20.0	300.0	59.0	1.0	44.0	9.0
Chocolate Nougat - Vanilla 3oz	89.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	18.0	0.0	14.0	3.0
Chocolate Nougat - Vanilla 5oz	150.0	g	160.0	25.0	2.5	1.5	0.0	10.0	150.0	31.0	0.0	25.0	4.0
Chocolate Nougat - Vanilla 10oz	299.0	g	310.0	45.0	5.0	3.5	0.0	25.0	310.0	61.0	1.0	49.0	9.0
Chocolate Pudding - Chocolate 3oz	86.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	12.0	3.0
Chocolate Pudding - Chocolate 5oz	144.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	20.0	5.0
Chocolate Pudding - Chocolate 10oz	288.0	g	280.0	50.0	5.0	3.0	0.0	20.0	310.0	55.0	1.0	40.0	9.0
Chocoleche - Vanilla/Chocolate 3oz	90.0	g	100.0	20.0	2.0	1.5	0.0	10.0	105.0	18.0	0.0	13.0	3.0
Chocoleche - Vanilla/Chocolate 5oz	151.0	g	170.0	35.0	4.0	2.5	0.0	15.0	180.0	32.0	0.0	23.0	4.0
Chocoleche - Vanilla/Chocolate 10oz	302.0	g	340.0	70.0	8.0	4.5	0.0	30.0	360.0	63.0	1.0	46.0	9.0
Cinnamon Crunch - Vanilla 3oz	89.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	19.0	0.0	12.0	3.0
Cinnamon Crunch - Vanilla 5oz	150.0	g	170.0	25.0	2.5	1.5	0.0	10.0	150.0	33.0	1.0	21.0	4.0
Cinnamon Crunch - Vanilla 10oz	299.0	g	340.0	50.0	5.0	3.5	0.0	25.0	310.0	66.0	1.0	41.0	9.0
Coconut Almond - Vanilla 3oz	91.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	13.0	3.0
Coconut Almond - Vanilla 5oz	153.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	22.0	4.0
Coconut Almond - Vanilla 10oz	307.0	g	290.0	45.0	5.0	3.5	0.0	25.0	290.0	56.0	1.0	44.0	8.0
Coconut Fudge - Chocolate 3oz	88.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	15.0	0.0	11.0	3.0
Coconut Fudge - Chocolate 5oz	148.0	g	130.0	25.0	2.5	1.5	0.0	10.0	150.0	26.0	0.0	18.0	5.0
Coconut Fudge - Chocolate 10oz	295.0	g	270.0	45.0	5.0	3.0	0.0	20.0	300.0	51.0	1.0	37.0	9.0
Coffee 'n Cream - Vanilla 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	12.0	3.0
Coffee 'n Cream - Vanilla 5oz	147.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	29.0	0.0	21.0	4.0
Coffee 'n Cream - Vanilla 10oz	295.0	g	300.0	45.0	5.0	3.5	0.0	25.0	300.0	59.0	0.0	42.0	9.0
Coffee Toffee - Vanilla 3oz	87.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	12.0	3.0
Coffee Toffee - Vanilla 5oz	146.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	29.0	0.0	21.0	4.0
Coffee Toffee - Vanilla 10oz	292.0	g	300.0	45.0	5.0	3.5	0.0	25.0	290.0	59.0	0.0	41.0	8.0
Creamy Cocoa - Chocolate 3oz	87.0	g	80.0	15.0	2.0	1.0	0.0	5.0	90.0	16.0	1.0	11.0	3.0
Creamy Cocoa - Chocolate 5oz	145.0	g	140.0	25.0	3.0	1.5	0.0	10.0	150.0	27.0	1.0	18.0	5.0
Creamy Cocoa - Chocolate 10oz	289.0	g	280.0	50.0	6.0	3.0	0.0	20.0	300.0	54.0	2.0	37.0	10.0
Creamy Coconut - Vanilla 3oz	91.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	12.0	3.0
Creamy Coconut - Vanilla 5oz	153.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	26.0	0.0	20.0	4.0
Creamy Coconut - Vanilla 10oz	307.0	g	280.0	45.0	5.0	3.5	0.0	25.0	290.0	52.0	0.0	40.0	8.0
Crème Brûlée - Vanilla 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	18.0	0.0	12.0	3.0
Crème Brûlée - Vanilla 5oz	148.0	g	160.0	25.0	2.5	1.5	0.0	10.0	150.0	31.0	0.0	21.0	4.0
Crème Brûlée - Vanilla 10oz	295.0	g	320.0	45.0	5.0	3.5	0.0	25.0	290.0	62.0	0.0	41.0	8.0
Devil's Food Cake - Chocolate 3oz	88.0	g	80.0	15.0	1.5	1.0	0.0	5.0	95.0	17.0	0.0	12.0	3.0
Devil's Food Cake - Chocolate 5oz	147.0	g	140.0	25.0	2.5	1.5	0.0	10.0	160.0	28.0	0.0	21.0	5.0
Devil's Food Cake - Chocolate 10oz	293.0	g	280.0	45.0	5.0	3.0	0.0	20.0	320.0	56.0	1.0	41.0	9.0
Double Berry - Vanilla 3oz	87.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	13.0	3.0
Double Berry - Vanilla 5oz	146.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	22.0	4.0
Double Berry - Vanilla 10oz	292.0	g	290.0	45.0	5.0	3.5	0.0	25.0	290.0	57.0	0.0	44.0	8.0
Double Dutch Chocolate - Chocolate 3oz	90.0	g	90.0	15.0	1.5	1.0	0.0	5.0	100.0	19.0	0.0	14.0	3.0
Double Dutch Chocolate - Chocolate 5oz	152.0	g	160.0	25.0	2.5	1.5	0.0	10.0	170.0	32.0	0.0	24.0	5.0
Double Dutch Chocolate - Chocolate 10oz	303.0	g	320.0	50.0	5.0	3.0	0.0	20.0	340.0	64.0	1.0	49.0	9.0
Double Stuffed Oreo® - Vanilla 3oz	88.0	g	100.0	20.0	2.0	1.0	0.0	5.0	100.0	18.0	0.0	13.0	3.0
Double Stuffed Oreo - Vanilla 5oz	148.0	g	170.0	35.0	4.0	2.0	0.0	10.0	170.0	31.0	0.0	23.0	4.0
Double Stuffed Oreo - Vanilla 10oz	297.0	g	340.0	70.0	8.0	4.0	0.0	25.0	340.0	62.0	1.0	46.0	9.0
Dulce de Leche - Vanilla 3oz	90.0	g	100.0	20.0	2.0	1.5	0.0	10.0	105.0	19.0	0.0	14.0	3.0
Dulce de Leche - Vanilla 5oz	151.0	g	170.0	35.0	4.0	2.5	0.0	15.0	180.0	32.0	0.0	24.0	4.0
Dulce de Leche - Vanilla 10oz	302.0	g	340.0	70.0	8.0	5.0	0.0	30.0	360.0	64.0	0.0	48.0	9.0
German Chocolate Cake - Chocolate 3oz	92.0	g	110.0	15.0	1.5	1.0	0.0	5.0	95.0	21.0	0.0	12.0	3.0
German Chocolate Cake - Chocolate 5oz	155.0	g	190.0	25.0	2.5	1.5	0.0	10.0	160.0	36.0	0.0	20.0	5.0
German Chocolate Cake - Chocolate 10oz	310.0	g	380.0	50.0	5.0	3.0	0.0	20.0	310.0	72.0	1.0	39.0	9.0
Honey Nut O's - Vanilla 3oz	86.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	12.0	3.0
Honey Nut O's - Vanilla 5oz	143.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	21.0	4.0
Honey Nut O's - Vanilla 10oz	286.0	g	290.0	45.0	5.0	3.5	0.0	25.0	300.0	54.0	1.0	41.0	9.0
Intense Nutella® Fusion - Vanilla 3oz	97.0	g	150.0	50.0	6.0	2.5	0.0	5.0	90.0	23.0	0.0	19.0	3.0
Intense Nutella Fusion - Vanilla 5oz	166.0	g	270.0	100.0	11.0	4.5	0.0	10.0	160.0	40.0	1.0	34.0	6.0
Intense Nutella Fusion - Vanilla 10oz	333.0	g	540.0	190.0	21.0	9.0	0.0	25.0	310.0	80.0	2.0	67.0	11.0


Tasti D-Lite® Nutritional Statement

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	Weight		Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Soft Serve (Custom Blends) Cont.													
Latte - Vanilla 3oz	87.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	12.0	3.0
Latte - Vanilla 5oz	146.0	g	150.0	25.0	3.0	2.0	0.0	10.0	150.0	29.0	0.0	21.0	4.0
Latte - Vanilla 10oz	292.0	g	300.0	50.0	6.0	3.5	0.0	25.0	300.0	58.0	0.0	42.0	9.0
Latte Fudge - Chocolate 3oz	89.0	g	90.0	15.0	2.0	1.0	0.0	5.0	95.0	17.0	0.0	12.0	3.0
Latte Fudge - Chocolate 5oz	149.0	g	150.0	25.0	3.0	1.5	0.0	10.0	160.0	30.0	0.0	20.0	5.0
Latte Fudge - Chocolate 10oz	298.0	g	310.0	50.0	6.0	3.5	0.0	25.0	320.0	59.0	1.0	40.0	9.0
Mango - Vanilla 3oz	89.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	18.0	0.0	14.0	3.0
Mango - Vanilla 5oz	150.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	30.0	0.0	24.0	4.0
Mango - Vanilla 10oz	301.0	g	300.0	45.0	5.0	3.5	0.0	25.0	290.0	60.0	0.0	47.0	8.0
Mango Greek Frozen Yogurt - Vanilla 3oz	91.0	g	120.0	10.0	1.0	0.5	0.0	5.0	70.0	24.0	0.0	21.0	3.0
Mango Greek Frozen Yogurt - Vanilla 5oz	153.0	g	200.0	15.0	2.0	1.0	0.0	10.0	120.0	41.0	0.0	35.0	5.0
Mango Greek Frozen Yogurt - Vanilla 10oz	307.0	g	390.0	35.0	4.0	2.5	0.0	20.0	240.0	83.0	0.0	70.0	11.0
Mango Tart 'n Tasti - Vanilla 3oz	91.0	g	110.0	10.0	1.0	0.5	0.0	5.0	75.0	25.0	0.0	21.0	3.0
Mango Tart 'n Tasti - Vanilla 5oz	153.0	g	190.0	15.0	2.0	1.0	0.0	10.0	125.0	42.0	0.0	36.0	4.0
Mango Tart 'n Tasti - Vanilla 10oz	307.0	g	380.0	35.0	4.0	2.5	0.0	20.0	250.0	83.0	0.0	72.0	8.0
Marble Cheesecake - Chocolate/Vanilla 3oz	94.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	20.0	0.0	13.0	3.0
Marble Cheesecake - Chocolate/Vanilla 5oz	159.0	g	170.0	25.0	2.5	1.5	0.0	10.0	150.0	35.0	0.0	23.0	4.0
Marble Cheesecake - Chocolate/Vanilla 10oz	318.0	g	350.0	50.0	5.0	3.5	0.0	25.0	310.0	70.0	1.0	46.0	9.0
Marshmallow - Vanilla 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	13.0	3.0
Marshmallow - Vanilla 5oz	148.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	29.0	0.0	23.0	4.0
Marshmallow - Vanilla 10oz	295.0	g	300.0	45.0	5.0	3.5	0.0	25.0	290.0	58.0	0.0	46.0	8.0
Mint Chocolate - Chocolate 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	18.0	0.0	11.0	3.0
Mint Chocolate - Chocolate 5oz	148.0	g	160.0	25.0	2.5	1.5	0.0	10.0	150.0	31.0	0.0	18.0	5.0
Mint Chocolate - Chocolate 10oz	295.0	g	310.0	50.0	5.0	3.0	0.0	20.0	310.0	62.0	1.0	37.0	9.0
Mocha Almond Fudge - Chocolate/Vanilla 3oz	86.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	12.0	3.0
Mocha Almond Fudge - Chocolate/Vanilla 5oz	144.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	20.0	4.0
Mocha Almond Fudge - Chocolate/Vanilla 10oz	289.0	g	280.0	45.0	5.0	3.0	0.0	20.0	300.0	54.0	1.0	39.0	9.0
Mochaccino - Chocolate/Vanilla 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	18.0	0.0	12.0	3.0
Mochaccino - Chocolate/Vanilla 5oz	148.0	g	160.0	25.0	2.5	1.5	0.0	10.0	150.0	30.0	0.0	19.0	4.0
Mochaccino - Chocolate/Vanilla 10oz	296.0	g	320.0	45.0	5.0	3.0	0.0	20.0	300.0	60.0	1.0	39.0	9.0
Mud Pie - Chocolate 3oz	91.0	g	100.0	15.0	2.0	1.0	0.0	5.0	95.0	19.0	0.0	12.0	3.0
Mud Pie - Chocolate 5oz	154.0	g	170.0	30.0	3.5	1.5	0.0	10.0	160.0	33.0	1.0	21.0	5.0
Mud Pie - Chocolate 10oz	308.0	g	340.0	60.0	7.0	3.5	0.0	20.0	330.0	67.0	1.0	42.0	9.0
New York Cheesecake - Vanilla 3oz	93.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	20.0	0.0	14.0	3.0
New York Cheesecake - Vanilla 5oz	158.0	g	170.0	25.0	2.5	1.5	0.0	10.0	150.0	35.0	0.0	23.0	4.0
New York Cheesecake - Vanilla 10oz	315.0	g	350.0	50.0	5.0	3.5	0.0	25.0	300.0	69.0	0.0	46.0	8.0
Nutella® Fusion - Vanilla 3oz	91.0	g	120.0	30.0	3.5	1.5	0.0	5.0	90.0	19.0	0.0	15.0	3.0
Nutella Fusion - Vanilla 5oz	154.0	g	200.0	60.0	7.0	3.0	0.0	10.0	150.0	33.0	1.0	27.0	5.0
Nutella Fusion - Vanilla 10oz	308.0	g	410.0	120.0	13.0	6.0	0.0	25.0	300.0	66.0	1.0	54.0	10.0
Oreo® Chocolate Mint - Chocolate 3oz	90.0	g	100.0	15.0	2.0	1.0	0.0	5.0	100.0	19.0	0.0	12.0	3.0
Oreo Chocolate Mint - Chocolate 5oz	151.0	g	170.0	30.0	3.5	1.5	0.0	10.0	170.0	34.0	0.0	20.0	5.0
Oreo Chocolate Mint - Chocolate 10oz	302.0	g	350.0	60.0	7.0	3.5	0.0	20.0	330.0	67.0	1.0	39.0	9.0
Oreo Mint - Vanilla 3oz	87.0	g	90.0	15.0	2.0	1.0	0.0	5.0	95.0	18.0	0.0	13.0	3.0
Oreo Mint - Vanilla 5oz	147.0	g	160.0	30.0	3.0	2.0	0.0	10.0	160.0	30.0	0.0	22.0	4.0
Oreo Mint - Vanilla 10oz	293.0	g	320.0	60.0	6.0	3.5	0.0	25.0	320.0	60.0	1.0	43.0	9.0
Oreos 'n Cream - Vanilla 3oz	87.0	g	90.0	15.0	2.0	1.0	0.0	5.0	95.0	17.0	0.0	13.0	3.0
Oreos 'n Cream - Vanilla 5oz	145.0	g	150.0	30.0	3.0	2.0	0.0	10.0	160.0	29.0	0.0	22.0	4.0
Oreos 'n Cream - Vanilla 10oz	290.0	g	310.0	60.0	6.0	3.5	0.0	25.0	320.0	57.0	1.0	43.0	9.0
Oreos 'n Peanut Butter - Vanilla 3oz	91.0	g	110.0	35.0	3.5	1.5	0.0	5.0	95.0	18.0	0.0	13.0	3.0
Oreos 'n Peanut Butter - Vanilla 5oz	153.0	g	200.0	60.0	7.0	2.5	0.0	10.0	160.0	31.0	1.0	22.0	6.0
Oreos 'n Peanut Butter - Vanilla 10oz	306.0	g	400.0	120.0	14.0	5.0	0.0	25.0	320.0	62.0	2.0	45.0	12.0
Peach Melba - Vanilla 3oz	95.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	21.0	0.0	17.0	3.0
Peach Melba - Vanilla 5oz	162.0	g	170.0	25.0	2.5	1.5	0.0	10.0	150.0	36.0	1.0	30.0	4.0
Peach Melba - Vanilla 10oz	324.0	g	350.0	45.0	5.0	3.5	0.0	25.0	300.0	72.0	1.0	60.0	8.0
Peachy Keen - Vanilla 3oz	94.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	20.0	0.0	16.0	3.0
Peachy Keen - Vanilla 5oz	159.0	g	170.0	25.0	2.5	1.5	0.0	10.0	150.0	35.0	1.0	29.0	4.0
Peachy Keen - Vanilla 10oz	318.0	g	340.0	45.0	5.0	3.5	0.0	25.0	300.0	70.0	1.0	57.0	8.0
Peanut Butter - Vanilla 3oz	89.0	g	110.0	30.0	3.5	1.5	0.0	5.0	85.0	17.0	0.0	13.0	3.0
Peanut Butter - Vanilla 5oz	150.0	g	180.0	60.0	6.0	2.0	0.0	10.0	150.0	28.0	1.0	21.0	6.0
Peanut Butter - Vanilla 10oz	299.0	g	370.0	110.0	13.0	4.5	0.0	25.0	290.0	57.0	2.0	42.0	12.0
Peanut Butter 'n Jelly - Vanilla 3oz	89.0	g	100.0	25.0	3.0	1.0	0.0	5.0	90.0	17.0	0.0	13.0	3.0
Peanut Butter 'n Jelly - Vanilla 5oz	150.0	g	170.0	45.0	5.0	2.0	0.0	10.0	150.0	29.0	1.0	22.0	5.0
Peanut Butter 'n Jelly - Vanilla 10oz	300.0	g	350.0	90.0	10.0	4.0	0.0	25.0	290.0	58.0	1.0	44.0	11.0
Peanut Butter Batter - Chocolate 3oz	92.0	g	110.0	30.0	3.5	1.5	0.0	10.0	95.0	18.0	0.0	13.0	3.0
Peanut Butter Batter - Chocolate 5oz	156.0	g	190.0	60.0	6.0	2.5	0.0	15.0	160.0	32.0	1.0	23.0	6.0
Peanut Butter Batter - Chocolate 10oz	313.0	g	380.0	110.0	12.0	5.0	0.0	30.0	320.0	64.0	1.0	47.0	11.0
Peanut Butter Caramel - Vanilla 3oz	88.0	g	100.0	25.0	3.0	1.0	0.0	5.0	85.0	17.0	0.0	13.0	3.0
Peanut Butter Caramel - Vanilla 5oz	149.0	g	170.0	45.0	5.0	2.0	0.0	10.0	150.0	29.0	1.0	21.0	5.0
Peanut Butter Caramel - Vanilla 10oz	297.0	g	350.0	90.0	10.0	4.0	0.0	25.0	290.0	57.0	1.0	43.0	11.0
Peanut Butter Coconut Fudge - Chocolate 3oz	91.0	g	90.0	25.0	3.0	1.0	0.0	5.0	90.0	16.0	0.0	11.0	3.0
Peanut Butter Coconut Fudge - Chocolate 5oz	153.0	g	160.0	45.0	5.0	2.0	0.0	10.0	150.0	27.0	1.0	19.0	6.0
Peanut Butter Coconut Fudge - Chocolate 10oz	306.0	g	330.0	90.0	10.0	3.5	0.0	20.0	300.0	54.0	1.0	38.0	11.0
Peanut Butter Cup - Chocolate 3oz	89.0	g	100.0	25.0	3.0	1.0	0.0	5.0	90.0	17.0	0.0	12.0	3.0
Peanut Butter Cup - Chocolate 5oz	150.0	g	170.0	45.0	5.0	2.0	0.0	10.0	150.0	29.0	1.0	20.0	6.0
Peanut Butter Cup - Chocolate 10oz	300.0	g	340.0	90.0	10.0	3.5	0.0	20.0	300.0	58.0	1.0	40.0	11.0
Peanut Butter Fudge - Chocolate 3oz	89.0	g	100.0	25.0	3.0	1.0	0.0	5.0	90.0	17.0	0.0	12.0	3.0


Tasti D-Lite® Nutritional Statement

 tasti D·lite®													
		Weight	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Soft Serve (Custom Blends) Cont.													
Peanut Butter Fudge - Chocolate 5oz	150.0	g	170.0	45.0	5.0	2.0	0.0	10.0	150.0	28.0	1.0	20.0	6.0
Peanut Butter Fudge - Chocolate 10oz	300.0	g	340.0	90.0	10.0	3.5	0.0	20.0	300.0	57.0	1.0	40.0	11.0
Peanut Butter Marshmallow - Vanilla 3oz	89.0	g	100.0	25.0	3.0	1.0	0.0	5.0	85.0	17.0	0.0	13.0	3.0
Peanut Butter Marshmallow - Vanilla 5oz	150.0	g	170.0	45.0	5.0	2.0	0.0	10.0	150.0	29.0	1.0	22.0	5.0
Peanut Butter Marshmallow - Vanilla 10oz	300.0	g	350.0	90.0	10.0	4.0	0.0	25.0	290.0	58.0	1.0	44.0	11.0
Peanut Butter Moosemellow - Chocolate 3oz	90.0	g	100.0	25.0	3.0	1.0	0.0	5.0	90.0	17.0	0.0	12.0	3.0
Peanut Butter Moosemellow - Chocolate 5oz	152.0	g	170.0	45.0	5.0	2.0	0.0	10.0	150.0	30.0	1.0	21.0	6.0
Peanut Butter Moosemellow - Chocolate 10oz	304.0	g	350.0	90.0	10.0	3.5	0.0	20.0	300.0	59.0	2.0	42.0	12.0
Peanut Butter Squared - Vanilla 3oz	93.0	g	130.0	45.0	5.0	1.5	0.0	5.0	85.0	18.0	1.0	13.0	4.0
Peanut Butter Squared - Vanilla 5oz	158.0	g	230.0	90.0	10.0	3.0	0.0	10.0	150.0	31.0	1.0	22.0	8.0
Peanut Butter Squared - Vanilla 10oz	315.0	g	460.0	180.0	20.0	6.0	0.0	25.0	290.0	61.0	3.0	44.0	15.0
Peanut Cluster - Vanilla/Chocolate 3oz	89.0	g	100.0	25.0	3.0	1.0	0.0	5.0	90.0	17.0	0.0	13.0	3.0
Peanut Cluster - Vanilla/Chocolate 5oz	150.0	g	170.0	45.0	5.0	2.0	0.0	10.0	150.0	30.0	1.0	22.0	5.0
Peanut Cluster - Vanilla/Chocolate 10oz	300.0	g	350.0	90.0	10.0	4.0	0.0	25.0	290.0	59.0	1.0	44.0	11.0
Pecan Praline - Vanilla 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	12.0	3.0
Pecan Praline - Vanilla 5oz	147.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	29.0	0.0	21.0	4.0
Pecan Praline - Vanilla 10oz	293.0	g	300.0	45.0	5.0	3.5	0.0	25.0	290.0	58.0	1.0	42.0	8.0
Pecan Praline Fudge - Chocolate 3oz	91.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	18.0	0.0	11.0	3.0
Pecan Praline Fudge - Chocolate 5oz	153.0	g	160.0	25.0	2.5	1.5	0.0	10.0	150.0	32.0	0.0	19.0	5.0
Pecan Praline Fudge - Chocolate 10oz	307.0	g	310.0	45.0	5.0	3.0	0.0	20.0	300.0	63.0	1.0	38.0	9.0
Piña Colada - Vanilla 3oz	90.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	18.0	0.0	14.0	3.0
Piña Colada - Vanilla 5oz	152.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	30.0	0.0	24.0	4.0
Piña Colada - Vanilla 10oz	304.0	g	300.0	45.0	5.0	3.5	0.0	25.0	290.0	60.0	0.0	47.0	8.0
Pineapple Cheesecake - Vanilla 3oz	96.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	21.0	0.0	15.0	3.0
Pineapple Cheesecake - Vanilla 5oz	163.0	g	180.0	25.0	2.5	1.5	0.0	10.0	150.0	37.0	0.0	25.0	4.0
Pineapple Cheesecake - Vanilla 10oz	327.0	g	360.0	50.0	5.0	3.5	0.0	25.0	300.0	74.0	0.0	50.0	8.0
Pomegranate - Vanilla 3oz	93.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	19.0	0.0	15.0	3.0
Pomegranate - Vanilla 5oz	159.0	g	170.0	25.0	2.5	1.5	0.0	10.0	150.0	32.0	0.0	26.0	4.0
Pomegranate - Vanilla 10oz	317.0	g	330.0	45.0	5.0	3.5	0.0	25.0	290.0	65.0	1.0	51.0	8.0
Pomegranate Greek Frozen Yogurt - Vanilla 3oz	90.0	g	110.0	10.0	1.0	0.5	0.0	5.0	70.0	24.0	0.0	20.0	3.0
Pomegranate Greek Frozen Yogurt - Vanilla 5oz	152.0	g	190.0	15.0	2.0	1.0	0.0	10.0	120.0	40.0	0.0	34.0	5.0
Pomegranate Greek Frozen Yogurt - Vanilla 10oz	303.0	g	380.0	35.0	4.0	2.5	0.0	20.0	240.0	80.0	1.0	68.0	11.0
Pomegranate Tart 'n Tasti - Vanilla 3oz	90.0	g	110.0	10.0	1.0	0.5	0.0	5.0	75.0	24.0	0.0	21.0	3.0
Pomegranate Tart 'n Tasti - Vanilla 5oz	152.0	g	190.0	15.0	2.0	1.0	0.0	10.0	125.0	41.0	0.0	35.0	4.0
Pomegranate Tart 'n Tasti - Vanilla 10oz	303.0	g	380.0	35.0	4.0	2.5	0.0	20.0	250.0	81.0	1.0	70.0	8.0
Raspberry - Vanilla 3oz	86.0	g	80.0	15.0	1.5	1.0	0.0	5.0	85.0	16.0	0.0	12.0	3.0
Raspberry - Vanilla 5oz	143.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	21.0	4.0
Raspberry - Vanilla 10oz	286.0	g	280.0	45.0	5.0	3.5	0.0	25.0	290.0	54.0	0.0	41.0	8.0
Raspberry Cheesecake - Vanilla 3oz	94.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	20.0	0.0	14.0	3.0
Raspberry Cheesecake - Vanilla 5oz	159.0	g	180.0	25.0	2.5	1.5	0.0	10.0	150.0	35.0	0.0	24.0	4.0
Raspberry Cheesecake - Vanilla 10oz	318.0	g	350.0	50.0	5.0	3.5	0.0	25.0	300.0	71.0	0.0	47.0	8.0
Raspberry Chocolate Truffle - Choc 3oz	90.0	g	90.0	15.0	1.5	1.0	0.0	5.0	95.0	18.0	0.0	13.0	3.0
Raspberry Chocolate Truffle - Choc 5oz	151.0	g	150.0	25.0	2.5	1.5	0.0	10.0	160.0	30.0	0.0	23.0	5.0
Raspberry Chocolate Truffle - Choc 10oz	301.0	g	300.0	45.0	5.0	3.0	0.0	20.0	320.0	61.0	1.0	46.0	9.0
Raspberry Greek Frozen Yogurt - Vanilla 3oz	89.0	g	110.0	10.0	1.0	0.5	0.0	5.0	70.0	24.0	0.0	20.0	3.0
Raspberry Greek Frozen Yogurt - Vanilla 5oz	150.0	g	190.0	15.0	2.0	1.0	0.0	10.0	120.0	40.0	0.0	34.0	5.0
Raspberry Greek Frozen Yogurt - Vanilla 10oz	300.0	g	380.0	35.0	4.0	2.5	0.0	20.0	240.0	80.0	1.0	68.0	11.0
Raspberry Tart 'n Tasti - Vanilla 3oz	89.0	g	110.0	10.0	1.0	0.5	0.0	5.0	75.0	24.0	0.0	21.0	3.0
Raspberry Tart 'n Tasti - Vanilla 5oz	150.0	g	190.0	15.0	2.0	1.0	0.0	10.0	125.0	40.0	0.0	35.0	4.0
Raspberry Tart 'n Tasti - Vanilla 10oz	300.0	g	370.0	35.0	4.0	2.5	0.0	20.0	250.0	81.0	1.0	70.0	8.0
Red Velvet Cake - Chocolate 3oz	90.0	g	90.0	15.0	1.5	1.0	0.0	5.0	95.0	18.0	0.0	13.0	3.0
Red Velvet Cake - Chocolate 5oz	151.0	g	150.0	25.0	2.5	1.5	0.0	10.0	160.0	31.0	0.0	23.0	5.0
Red Velvet Cake - Chocolate 10oz	302.0	g	310.0	45.0	5.0	3.0	0.0	20.0	320.0	61.0	1.0	47.0	9.0
Rice Pudding -Vanilla 3oz	88.0	g	100.0	15.0	1.5	1.0	0.0	5.0	85.0	18.0	0.0	12.0	3.0
Rice Pudding -Vanilla 5oz	148.0	g	160.0	25.0	2.5	1.5	0.0	10.0	150.0	32.0	0.0	20.0	4.0
Rice Pudding -Vanilla 10oz	295.0	g	320.0	45.0	5.0	3.5	0.0	25.0	290.0	63.0	1.0	40.0	8.0
Rocky Road® - Vanilla/Choc 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	13.0	3.0
Rocky Road - Vanilla/Chocolate 5oz	148.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	29.0	0.0	22.0	4.0
Rocky Road - Vanilla/Chocolate 10oz	296.0	g	300.0	45.0	5.0	3.0	0.0	20.0	300.0	58.0	1.0	44.0	9.0
S'mores - Chocolate 3oz	91.0	g	100.0	15.0	2.0	1.0	0.0	5.0	105.0	19.0	0.0	13.0	3.0
S'mores - Chocolate 5oz	150.0	g	160.0	25.0	3.0	1.5	0.0	10.0	170.0	31.0	0.0	22.0	5.0
S'mores - Chocolate 10oz	301.0	g	310.0	50.0	6.0	3.0	0.0	20.0	330.0	61.0	1.0	43.0	9.0
Salted Caramel - Vanilla 3oz	89.0	g	90.0	15.0	1.5	1.0	0.0	5.0	210.0	18.0	0.0	14.0	3.0
Salted Caramel - Vanilla 5oz	150.0	g	160.0	25.0	2.5	1.5	0.0	10.0	390.0	31.0	0.0	23.0	4.0
Salted Caramel - Vanilla 10oz	315.0	g	350.0	45.0	5.0	3.5	0.0	25.0	770.0	72.0	0.0	52.0	8.0
Strawberry - Vanilla 3oz	86.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	13.0	3.0
Strawberry - Vanilla 5oz	144.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	22.0	4.0
Strawberry - Vanilla 10oz	289.0	g	290.0	45.0	5.0	3.5	0.0	25.0	290.0	55.0	0.0	43.0	8.0
Strawberry Banana - Vanilla 3oz	86.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	12.0	3.0
Strawberry Banana - Vanilla 5oz	145.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	21.0	4.0
Strawberry Banana - Vanilla 10oz	289.0	g	280.0	45.0	5.0	3.5	0.0	25.0	290.0	54.0	0.0	42.0	8.0
Strawberry Cheesecake - Vanilla 3oz	94.0	g	100.0	15.0	1.5	1.0	0.0	5.0	90.0	21.0	0.0	14.0	3.0
Strawberry Cheesecake - Vanilla 5oz	160.0	g	180.0	25.0	2.5	1.5	0.0	10.0	150.0	36.0	0.0	24.0	4.0
Strawberry Cheesecake - Vanilla 10oz	321.0	g	360.0	50.0	5.0	3.5	0.0	25.0	300.0	72.0	0.0	49.0	8.0
Strawberry Colada - Vanilla 3oz	86.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	12.0	3.0
Strawberry Colada - Vanilla 5oz	145.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	27.0	0.0	21.0	4.0

Tasti D-Lite® Nutritional Statement

 tasti D·lite®													
		Weight	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Soft Serve (Custom Blends) Cont.													
Strawberry Colada - Vanilla 10oz	289.0	g	280.0	45.0	5.0	3.5	0.0	25.0	290.0	54.0	0.0	42.0	8.0
Strawberry Greek Frozen Yogurt - Vanilla 3oz	89.0	g	110.0	10.0	1.0	0.5	0.0	5.0	75.0	24.0	0.0	21.0	3.0
Strawberry Greek Frozen Yogurt - Vanilla 5oz	150.0	g	190.0	15.0	2.0	1.0	0.0	10.0	120.0	41.0	0.0	35.0	5.0
Strawberry Greek Frozen Yogurt - Vanilla 10oz	300.0	g	390.0	35.0	4.0	2.5	0.0	20.0	240.0	82.0	0.0	70.0	11.0
Strawberry Shortcake - Vanilla 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	10.0	90.0	17.0	0.0	14.0	3.0
Strawberry Shortcake - Vanilla 5oz	148.0	g	150.0	25.0	3.0	2.0	0.0	15.0	150.0	29.0	0.0	23.0	4.0
Strawberry Shortcake - Vanilla 10oz	295.0	g	310.0	50.0	6.0	3.5	0.0	25.0	300.0	59.0	0.0	46.0	8.0
Strawberry Tart n' Tasti - Vanilla 3oz	89.0	g	110.0	10.0	1.0	0.5	0.0	5.0	75.0	24.0	0.0	21.0	3.0
Strawberry Tart n' Tasti - Vanilla 5oz	150.0	g	190.0	15.0	2.0	1.0	0.0	10.0	125.0	41.0	0.0	36.0	4.0
Strawberry Tart n' Tasti - Vanilla 10oz	300.0	g	380.0	35.0	4.0	2.5	0.0	20.0	250.0	83.0	0.0	72.0	8.0
Tapioca Pudding - Vanilla 3oz	87.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	13.0	3.0
Tapioca Pudding - Vanilla 5oz	146.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	29.0	0.0	21.0	4.0
Tapioca Pudding - Vanilla 10oz	293.0	g	300.0	45.0	5.0	3.5	0.0	25.0	300.0	59.0	0.0	43.0	8.0
Tiramisu - Chocolate/Vanilla 3oz	88.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	12.0	3.0
Tiramisu - Chocolate/Vanilla 5oz	149.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	30.0	0.0	20.0	4.0
Tiramisu - Chocolate/Vanilla 10oz	297.0	g	300.0	45.0	5.0	3.0	0.0	20.0	300.0	60.0	1.0	39.0	9.0
Toasted Almond Fudge - Chocolate 3oz	91.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	13.0	3.0
Toasted Almond Fudge - Chocolate 5oz	153.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	30.0	0.0	22.0	5.0
Toasted Almond Fudge - Chocolate 10oz	307.0	g	300.0	45.0	5.0	3.0	0.0	20.0	300.0	59.0	1.0	44.0	9.0
Toasted Coconut Cookie - Chocolate/Vanilla 3oz	88.0	g	80.0	15.0	1.5	1.0	0.0	5.0	90.0	16.0	0.0	12.0	3.0
Toasted Coconut Cookie - Chocolate/Vanilla 5oz	148.0	g	140.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	20.0	4.0
Toasted Coconut Cookie - Chocolate/Vanilla 10oz	295.0	g	280.0	45.0	5.0	3.0	0.0	20.0	300.0	55.0	1.0	41.0	9.0
Toffee Crunch - Chocolate 3oz	91.0	g	100.0	25.0	2.5	1.5	0.0	10.0	105.0	19.0	0.0	14.0	3.0
Toffee Crunch - Chocolate 5oz	153.0	g	180.0	45.0	5.0	2.5	0.0	15.0	180.0	32.0	0.0	24.0	5.0
Toffee Crunch - Chocolate 10oz	305.0	g	360.0	90.0	10.0	5.0	0.0	25.0	370.0	65.0	1.0	48.0	9.0
Triple Berry - Vanilla 3oz	87.0	g	90.0	15.0	1.5	1.0	0.0	5.0	90.0	17.0	0.0	13.0	3.0
Triple Berry - Vanilla 5oz	147.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	28.0	0.0	22.0	4.0
Triple Berry - Vanilla 10oz	294.0	g	290.0	45.0	5.0	3.5	0.0	25.0	290.0	57.0	0.0	45.0	8.0
Tropicalada - Vanilla 3oz	89.0	g	90.0	15.0	1.5	1.0	0.0	5.0	85.0	17.0	0.0	13.0	3.0
Tropicalada - Vanilla 5oz	150.0	g	150.0	25.0	2.5	1.5	0.0	10.0	150.0	29.0	0.0	22.0	4.0
Tropicalada - Vanilla 10oz	301.0	g	300.0	45.0	5.0	3.5	0.0	25.0	290.0	57.0	0.0	45.0	8.0
Vanilla Malt - Vanilla 3oz	87.0	g	90.0	15.0	2.0	1.0	0.0	10.0	100.0	17.0	0.0	13.0	3.0
Vanilla Malt - Vanilla 5oz	146.0	g	160.0	25.0	3.0	2.0	0.0	15.0	170.0	30.0	0.0	22.0	5.0
Vanilla Malt - Vanilla 10oz	290.0	g	310.0	50.0	6.0	3.5	0.0	25.0	320.0	57.0	0.0	44.0	9.0
Smoothies**													
Peanut Butter Banana 16oz	512.0	g	350.0	60.0	7.0	2.5	0.0	15.0	230.0	65.0	2.0	50.0	11.0
Peanut Butter Banana 24oz	792.0	g	580.0	100.0	11.0	4.5	0.0	25.0	370.0	109.0	4.0	82.0	18.0
Strawberry Banana 16oz	598.0	g	290.0	20.0	2.0	1.0	0.0	5.0	115.0	69.0	4.0	54.0	4.0
Strawberry Banana 24oz	878.0	g	440.0	25.0	3.0	1.5	0.0	10.0	160.0	107.0	7.0	83.0	6.0
Mixed Berry 16oz	497.0	g	170.0	15.0	2.0	1.0	0.0	5.0	100.0	38.0	3.0	30.0	4.0
Mixed Berry 24oz	698.0	g	250.0	25.0	2.5	1.5	0.0	10.0	130.0	55.0	4.0	43.0	5.0
Shakes**													
French Vanilla 16oz	411.0	g	280.0	40.0	4.5	2.5	0.0	20.0	310.0	51.0	0.0	41.0	13.0
French Vanilla 24oz	559.0	g	370.0	50.0	5.0	3.5	0.0	30.0	410.0	66.0	0.0	54.0	18.0
Coffee 16oz	509.0	g	420.0	30.0	3.0	1.5	0.0	15.0	200.0	89.0	0.0	58.0	6.0
Coffee 24oz	657.0	g	580.0	35.0	4.0	2.0	0.0	15.0	270.0	125.0	1.0	79.0	9.0
Mocha 16oz	524.0	g	450.0	30.0	3.5	1.5	0.0	15.0	230.0	99.0	1.0	67.0	6.0
Mocha 24oz	765.0	g	630.0	35.0	4.0	2.0	0.0	15.0	310.0	139.0	1.0	92.0	9.0
Chocolate 16oz	411.0	g	270.0	40.0	4.5	2.5	0.0	20.0	320.0	50.0	0.0	38.0	13.0
Chocolate 24oz	559.0	g	360.0	50.0	5.0	3.0	0.0	25.0	420.0	65.0	1.0	50.0	18.0
Strawberry 16oz	411.0	g	290.0	40.0	4.0	2.5	0.0	20.0	310.0	52.0	0.0	43.0	13.0
Strawberry 24oz	559.0	g	370.0	50.0	5.0	3.5	0.0	30.0	410.0	68.0	0.0	55.0	18.0
Cookies & Cream 16oz	411.0	g	380.0	80.0	9.0	4.0	0.0	20.0	390.0	65.0	1.0	47.0	13.0
Cookies & Cream 24oz	559.0	g	490.0	100.0	11.0	5.0	0.0	25.0	510.0	83.0	2.0	61.0	18.0
Sundaes**													
Chocolate - Regular	265.0	g	380.0	60.0	6.0	2.5	0.0	20.0	170.0	84.0	5.0	70.0	10.0
Chocolate - Large	350.0	g	470.0	70.0	8.0	3.5	0.0	25.0	260.0	100.0	5.0	82.0	12.0
Caramel - Regular	265.0	g	430.0	45.0	5.0	2.5	0.0	20.0	320.0	89.0	0.0	75.0	5.0
Caramel - Large	350.0	g	510.0	60.0	7.0	3.5	0.0	25.0	410.0	104.0	0.0	87.0	8.0
Fruit & Granola Parfait**													
Regular	199.0	g	210.0	45.0	4.5	2.0	0.0	10.0	140.0	40.0	3.0	24.0	6.0
Large	298.0	g	320.0	60.0	7.0	3.0	0.0	15.0	210.0	60.0	4.0	36.0	9.0
Cakes**													
Cake Batter Up - Medium	104.0	g	170.0	60.0	6.0	4.5	0.5	10.0	100.0	26.0	0.0	20.0	3.0
Cake Batter Up - Large	102.0	g	170.0	60.0	7.0	5.0	1.0	10.0	95.0	27.0	0.0	20.0	3.0
Chocolate Chip - Medium	111.0	g	180.0	70.0	8.0	6.0	0.0	5.0	100.0	28.0	1.0	22.0	4.0
Chocolate Chip - Large	110.0	g	190.0	70.0	8.0	6.0	0.0	5.0	95.0	29.0	1.0	23.0	4.0
Oreo® Cookie - Medium	104.0	g	200.0	70.0	7.0	4.5	0.0	5.0	150.0	30.0	1.0	21.0	3.0
Oreo Cookie - Large	101.0	g	190.0	70.0	8.0	5.0	0.0	5.0	150.0	30.0	1.0	21.0	3.0
Triple Berry D-Lite - Medium	136.0	g	130.0	20.0	2.5	1.5	0.0	5.0	90.0	25.0	1.0	19.0	3.0
Triple Berry D-Lite - Large	136.0	g	120.0	20.0	2.0	1.5	0.0	5.0	85.0	24.0	2.0	19.0	3.0
Vanilla Chip - Medium	111.0	g	190.0	70.0	8.0	6.0	0.0	10.0	100.0	29.0	1.0	24.0	4.0
Vanilla Chip - Large	110.0	g	200.0	70.0	8.0	6.0	0.0	5.0	95.0	30.0	1.0	25.0	4.0
Peanut Buddy - Medium	113.0	g	220.0	100.0	11.0	6.0	0.0	5.0	100.0	28.0	1.0	22.0	6.0
Peanut Buddy - Large	110.0	g	210.0	90.0	10.0	6.0	0.0	5.0	100.0	28.0	1.0	22.0	5.0

Tasti D-Lite® Nutritional Statement

													
	Weight		Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Tasti Rounds**													
Chocolate - Single	77.0	g	140.0	25.0	2.5	1.0	0.0	5.0	150.0	27.0	1.0	13.0	3.0
Vanilla - Single	77.0	g	140.0	25.0	2.5	1.5	0.0	5.0	150.0	27.0	1.0	14.0	3.0
Chocolate with Sprinkles - Single	101.0	g	250.0	70.0	7.0	2.5	0.0	5.0	150.0	46.0	1.0	25.0	3.0
Vanilla with Sprinkles - Single	101.0	g	260.0	70.0	7.0	2.5	0.0	5.0	150.0	46.0	1.0	26.0	3.0
Toppings													
Fresh Blueberries	19.0	g	10.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	0.0	2.0	0.0
Fresh Raspberries	20.0	g	10.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	1.0	1.0	0.0
Fresh Strawberries	30.0	g	10.0	0.0	0.0	0.0	0.0	0.0	0.0	2.0	1.0	1.0	0.0
Fresh Banana	40.0	g	35.0	0.0	0.0	0.0	0.0	0.0	0.0	9.0	1.0	5.0	0.0
Fresh Blackberries	42.0	g	20.0	0.0	0.0	0.0	0.0	0.0	0.0	4.0	2.0	2.0	1.0
Fresh Peaches	28.0	g	10.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	0.0	2.0	0.0
Fresh Kiwi	23.0	g	15.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	1.0	2.0	0.0
Fresh Mango	36.0	g	20.0	0.0	0.0	0.0	0.0	0.0	0.0	5.0	1.0	5.0	0.0
Fresh Grapes	28.0	g	20.0	0.0	0.0	0.0	0.0	0.0	0.0	5.0	0.0	5.0	0.0
Fresh Watermelon	40.0	g	10.0	0.0	0.0	0.0	0.0	0.0	0.0	3.0	0.0	2.0	0.0
Fresh Cantaloupe	38.0	g	15.0	0.0	0.0	0.0	0.0	0.0	5.0	3.0	0.0	3.0	0.0
Pineapple (canned)	40.0	g	25.0	0.0	0.0	0.0	0.0	0.0	0.0	6.0	1.0	6.0	0.0
Rainbow Sprinkles	24.0	g	120.0	40.0	4.5	1.0	2.0	0.0	0.0	19.0	0.0	12.0	0.0
Butterfinger® Crumbles	25.0	g	110.0	45.0	4.5	2.5	0.0	0.0	60.0	18.0	1.0	11.0	1.0
Heath Bar® Crunch	20.0	g	100.0	60.0	6.0	3.5	0.0	5.0	70.0	12.0	0.0	12.0	1.0
Oreo® Cookie Pieces	14.0	g	70.0	25.0	2.5	1.0	0.0	0.0	55.0	10.0	1.0	6.0	1.0
Graham Cracker Crumbs	17.0	g	70.0	15.0	1.5	0.0	0.0	0.0	85.0	13.0	1.0	4.0	1.0
Cinnamon Toast Granola	15.0	g	70.0	20.0	2.5	0.5	0.0	0.0	10.0	10.0	2.0	2.0	2.0
Honey Nut Cheerios®	4.5	g	20.0	0.0	0.0	0.0	0.0	0.0	25.0	4.0	0.0	2.0	0.0
Cinnamon Toast Crunch®	5.0	g	20.0	5.0	0.5	0.0	0.0	0.0	30.0	4.0	0.0	2.0	0.0
Mini Chocolate Chips	28.0	g	140.0	70.0	8.0	5.0	0.0	0.0	0.0	18.0	2.0	16.0	2.0
Mini Peanut Butter Chips	29.0	g	150.0	80.0	8.0	7.0	0.0	0.0	55.0	15.0	2.0	11.0	5.0
Chocolate Chip Cookie Dough	36.0	g	170.0	80.0	9.0	2.5	0.0	0.0	260.0	22.0	1.0	12.0	1.0
Brownie Bites	22.0	g	100.0	45.0	5.0	2.5	0.0	10.0	95.0	13.0	1.0	8.0	1.0
Mochi	30.0	g	120.0	0.0	0.0	0.0	0.0	0.0	60.0	27.0	0.0	10.0	2.0
Sweetened Coconut Flakes	11.0	g	50.0	25.0	3.0	3.0	0.0	0.0	30.0	6.0	1.0	4.0	0.0
Chocolate Sprinkles	24.0	g	120.0	50.0	5.0	3.0	2.5	0.0	30.0	18.0	0.0	12.0	1.0
Mini Yogurt Chips	29.0	g	140.0	60.0	7.0	6.0	0.0	0.0	35.0	21.0	0.0	20.0	1.0
Carob Chips	21.0	g	110.0	50.0	6.0	6.0	0.0	0.0	0.0	14.0	2.0	12.0	0.0
Mini M & M's®	28.0	g	140.0	60.0	7.0	4.0	0.0	10.0	20.0	20.0	0.0	18.0	2.0
Snickers® Pieces	24.0	g	110.0	50.0	5.0	2.0	0.0	0.0	55.0	15.0	1.0	12.0	2.0
Reese's® Peanut Butter Cup Pieces	28.0	g	140.0	80.0	9.0	3.0	0.0	0.0	100.0	16.0	1.0	13.0	3.0
Whoppers® - Chopped	21.0	g	110.0	45.0	4.5	3.5	0.0	5.0	35.0	17.0	1.0	14.0	1.0
Gummy Bears	28.0	g	90.0	0.0	0.0	0.0	0.0	0.0	5.0	21.0	0.0	14.0	2.0
Nerds®	30.0	g	120.0	0.0	0.0	0.0	0.0	0.0	0.0	28.0	0.0	28.0	0.0
Sour Mini Worms	28.0	g	90.0	0.0	0.0	0.0	0.0	0.0	10.0	21.0	0.0	14.0	1.0
Chocolate Covered Pretzels	18.0	g	80.0	30.0	3.5	3.0	0.0	0.0	100.0	13.0	1.0	6.0	1.0
Fruity Pebbles®	4.5	g	20.0	0.0	0.0	0.0	0.0	0.0	25.0	4.0	0.0	2.0	0.0
Cap'n Crunch®	4.5	g	20.0	0.0	0.0	0.0	0.0	0.0	35.0	4.0	0.0	2.0	0.0
Cocoa Krispies®	5.0	g	20.0	0.0	0.0	0.0	0.0	0.0	20.0	5.0	0.0	2.0	0.0
Lucky Charms®	4.5	g	15.0	0.0	0.0	0.0	0.0	0.0	30.0	4.0	0.0	2.0	0.0
Walnuts- Chopped	15.0	g	100.0	90.0	10.0	1.0	0.0	0.0	0.0	2.0	1.0	0.0	2.0
Peanuts- Chopped	18.0	g	110.0	80.0	9.0	1.5	0.0	0.0	0.0	4.0	2.0	1.0	4.0
Almonds- Chopped	14.0	g	80.0	60.0	7.0	0.5	0.0	0.0	0.0	3.0	2.0	1.0	3.0
Pecan Pralines	20.0	g	90.0	25.0	3.0	0.0	0.0	0.0	15.0	16.0	0.0	15.0	1.0
Nutella®	37.0	g	200.0	110.0	12.0	4.0	0.0	0.0	15.0	21.0	1.0	20.0	2.0
Popping Boba	29.0	g	25.0	0.0	0.0	0.0	0.0	0.0	10.0	7.0	0.0	4.0	0.0
Waffle Cone	30.0	g	130.0	25.0	3.0	0.5	0.0	5.0	0.0	23.0	0.0	11.0	2.0
Whipped Topping	5.0	g	15.0	10.0	1.0	0.0	0.0	5.0	0.0	1.0	0.0	1.0	0.0
Chocolate Fudge Sauce	40.0	g	90.0	10.0	1.0	0.0	0.0	0.0	0.0	23.0	2.0	20.0	2.0
Caramel Sauce	40.0	g	110.0	5.0	0.5	0.0	0.0	0.0	65.0	25.0	0.0	22.0	0.0
Percentage Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.													
**Optional products. Availability varies by location.													
The Nutritional Information Tasti D-Lite® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product preparation at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.													
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